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CURRICULUM VITAE

1. Personal Details

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2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree
1980-1983	B.Sc. Hebrew University, School of Nutrition Rehovot.	Nutrition science and dietetics B.Sc.
1984-1986	Medical School and School of Public Health Hebrew University	Nutrition and physical activity M.Sc.
1998-2002	Ben Gurion University	Nutrition and health management Ph.D.

B. Post-Doctoral Studies

Period of Study	Name of Institution and Department/Lab	Name of Host
2002-2004	Ben Gurion University Nutrition education, School of Medicine and Para-medicine Post Doctoral studies	Prof. Drora Freizer and Dr. Danit Shahar

3. Academic Ranks and Tenure in Institutes of Higher Education

Years	Name of Institution and Department	Rank/Position
2001-2003	Tel Hai College school of Nutrition	Outside Lecturer
2001-2004	Ben Gurion University medical school	Outside Lecturer & Post-doctoral studies
October 2004- 2010	University of Haifa School of Public Health, Faculty of Welfare and Health Sciences	Lecturer (specialist track) 50% position
2011-2015	University of Haifa School of Public Health, Faculty of Welfare and Health Sciences	Senior lecturer (specialist track) 50% position
2016-present	University of Haifa School of Public Health, Faculty of Welfare and Health Sciences	Associated Professor (specialist track) 50% position

Note: * represent activities since last rank

4. Offices in University Academic Administration

Date	Name of Institution and Department	Position
2006-2008	Committee for developing the Masters program in nutrition and behavior school of public health	Member and leader
2011-2014	Department of Health Promotion school of public health	Head

5. Scholarly Positions and Activities outside the University

Professional Positions

Date	Institution	Activity
1987-2012	Maccabi Healthcare Services	Director of the nutritional services and the Nutritional medical supplement of Maccabi Healthcare Services
2012-2014	Maccabi Healthcare Services	Director of Health Promotion and preventive medicine At Maccabi Healthcare Services
*2014 - present	Ministry of Health	Director of the Nutrition Division

International Committees

Date	Institution	Position
2007-2014	Choices International	Member of the International committee of food labeling the "choices"
*2008-2014	Ensemble prévenons l'obésité des Enfants (EPODE)	Member of the International committee
*2015-present	WHO committee for lowering salt consumption	Member of the International committee
*2015-present	WHO committee on preventing unhealthy nutrition advertisement to children	Member of the International committee
*2015-present	WHO committee on Front of pack labeling	Member of the International committee
*2015-present	WHO committee on child Obesity	Member of the International committee

National

Date	Institution	Position
1999- 2012	MOH	Head of Maccabi's national law committee for residency of dietitians, physiotherapy, occupational therapy and audiology and speech therapy
2004 -2005	Ministry of Welfare	Member of the national council for school lunch program.
2005-2006	Department of Nutrition, MOH	Member of the nutrition and obesity committee- Ministry of Health. Head of the eating disorder committee for "Healthy Future 2020".
2005-2006	Department of Nutrition, MOH	Member of the nutrition and technology committee.
2006-2012	MOH	Member of the steering committee "Healthy Future 2020"
2008-2012	MOH	Member of the children obesity prevention committee 2008
2010 -2013	MOH	Member of the scientific committee for nutrition for women
*2010-present	MOH	Member of the national committee for community health
*2012-present	MOH	Member of the obesity committee
2012-2013	Ministry of Finance	Member of the committee for hotelier in Israel
*2013--present	Atid (the association of dietitians)	Member and one of the writers of the Israeli committee for Cardiovascular prevention nutrition
*2012-present	MOH	Member of the National Committee for Diabetes
*2010-present	MOH	Member of the National Committee for Health Promotion
*2010-2012	Healthy people 2020 Health Ministry (MOH)	Head of the Obesity committees

2010-2014	Healthy people 2020, Health Ministry (MOH)	Head of the Eating disorders committees
*2014-present	Ministry of welfare	Member of the National Committee for Food security

Grant Reviewing and Research Committees

Date	Institution	Activity
2017	ISF	Review
*2010 -2018	Milk council	Member of the scientific committee for milk products review of grants
2010	The MOH head scientist	Member of committee for reviewing of grants
*2009, 2017	The Israeli National Institute for Health Policy Research	Member of committee for reviewing of grants

Reviewing and Editorial Assignments

Date	Institution	Position
1995-2014	<i>Macabiton</i>	Member of editorial board (Hebrew)
2000-present	<i>Academy of Nutrition and Dietetics,</i>	Reviewer
2008	<i>Journal of Psychology and Psychotherapy Research</i>	Reviewer
2010	<i>European Journal of Nutrition</i>	Reviewer
2015	<i>GIF research proposal</i>	Reviewer
2015	<i>The Israeli army research journal</i>	Review (Hebrew)
2015	<i>The journal of Psychology and Psychotherapy Research</i>	Reviewer
*2015/16	<i>Israel Journal of Health Policy Research</i>	Reviewer
2015	<i>International Journal of Food Safety, Nutrition and Public Health</i>	Reviewer
2016*	<i>International Journal of Food Safety, Nutrition and Public Health</i>	Reviewer
2016*	Nutrition and Dietary Supplements	Reviewer
2017*	<i>International Journal of Food Safety, Nutrition and Public Health</i>	Reviewer
2017*	<i>Public health nutrition</i>	Reviewer
2017*	<i>Journal of Psychology and Psychotherapy Research.</i>	Editorial Board Member
2018*	<i>Journal of Eating and Weight Disorders (EAWD)</i> <em@editorialmanager.com>	Reviewer

2018*	<i>British Medical Journal (BMJ) Open</i>	Reviewer
2019*	<i>Int. J. Environ. Res. Public Health</i>	Reviewer
2019*	<i>Open Access Journal of Public Health</i>	Reviewer

Creating Teaching Specialties

- A. Creating teaching specialty in community awareness of nutrition policy through a course and law proposals of students at the University of Haifa.
- B. Creating the connection between practice and academia in day to day teaching, razing up-to-date dilemmas.

Participating as consultant to international scientific committees

Date	Institution/ mission	Position
2017/8*	ISF	Israeli nutritional consultation, and reviewer
2017/8*	The Israeli science ministry research grants	Israeli nutritional consultation, and reviewer
2018*	BARD- US-ISRAEL binational agricultural research and developments	Israeli nutritional consultation, and reviewer
2018*	NIFA- investments in transformative science directly support the long-term prosperity and global preeminence of U.S. agriculture.	Israeli nutritional consultation, and reviewer

6. Participation in Scholarly Conferences a1 International Conferences - Held Abroad

No.	Date	Name of Conference	Place of Conference	Subject of	Role
1	June 1996	Workshop of nutritional satiety and hunger	Rechenhose Holland	Compliance with nutritional recommendations for lowering cholesterol levels	Lecture
2	March 1997	The congress of AODA (American overseas dietetic association)	Cyprus	Workshop of nutritional satiety and hunger	Lecture and discussion
3	September 2001	The European Society for the History of Medicine	Geneva	1. The mothers insurance law in Israel and nutrition 2. The History of Children's Medicine and Nutrition in Israel	Lectures and discussions

No.	Date	Name of Conference	Place of Conference	Subject of	Role
4	September 2003	Health between the private and the public	Oslo	Nutrition problems during the 50s	Poster
5	April 2006	Improving cardiovascular health for better quality of life: Unilever Food and Health Research Institute (UFHRI)	Vlaadingen, The Netherlands	Partnership for change	Discussion
6	August 2006	History of Medicine	Budapest Hungary	Milestones in infant nutrition and the struggle against infant mortality in Israel	Lecture
7	July 2007	The Society for nutrition education (SNE) conference on nutrition education	Chicago USA	Women physician know the best about elderly nutrition	Poster
8	September 2008	The International Conference of Dietetics	Yokahoma Japan	1. Socioeconomic status and nutritional treatment of pre diabetes patients 2. Self efficacy of obese patients in group treatment	Lectures
9	October 2008	The American Dietetic Conference (FANCE)	Chicago USA	The IDOS study: Nutritional Diabetes guideline treatment	Lecture and discussion
10	October 2009	The International Conference of Nutrition (ICN)	Bangkok Thailand	The BMI measure as a tool to change policy and treatment in an HMS	Poster
11	September 2010	The international Conference of Public Health Nutrition	Porto Portugal	Increasing the effectiveness of nutritional treatment within health medical services	Poster
12	May 2011	The EPOD consortium	Brussels, Belgium	Implementation of the EPOD program in other countries.	Discussion
13	September 2012	The international conference of Dietetics	Sydney Australia	Low SES Diabetes patients use nutritional services much less intensive	Lecture

No.	Date	Name of Conference	Place of Conference	Subject of	Role
14	September 2012	The ESPEN Conference	Barcelona Spain	Evaluating the validity of the "Categories Method": a new method for self-report assessment of daily calorie intake: a pilot study	Poster
15	September 2012	The ICD (international conference of dietetics)	Sydney , Australia	SES and nutrition use in Diabetes patients	Lecture
16	July 2013	Annual Conference of the European Heal	Bordeaux, Franc	Who benefits from an action plan intervention to promote weight loss	Lecture
17	January 2014	International conference on nutrition and growth	Barcelona Spain	Intensive Obesity and Overweight Community Clinics Baby feeding and movements	Lectures
18	September 2014	World "Building Healthy Global Food Systems"	Oxford England	Food Consumption and Nutritional Labeling Among Immigrants to Israel from the Former Soviet Union	Poster
19*	April 2016	Society of behavioral medicine	Washington DC USA	Qualitative study of adherence to nutritional treatment: perspectives of patients and dietitians	Poster
20*	September 2016	International conference of dietetics	Granada Spain	Nutritional leadership in Israel	Lecture
21*	October 2017	WHO conference	Budapest Hungary	The Israeli regulation over built environment	Lecture
22*	January 2018	PAHO conference	Santiago Chile	The Israeli regulation over Front of pack	Lecture
23*	May 2018	WHO conference on unhealthy advertisement to children	Vienna Austria	The Israeli regulation	Lecture
24*	September 2018	WHO conference on Salt reduction	Rome Itali	The Israeli salt survey	Lecture
25*	March 2019	WHO and Unicef meeting on marketing unhealthy food for children	Geneva Switzerland	The Israeli perspective on marketing	Lecture
26*	October 2019	European Forum of Health	Bad Gestein Austria	The Nutrition policy in Israel	Lecture and panel discussion

A2 Active Participation- Israel international conferences

No.	Date	Name of Conference	Place of Conference	Subject of	Role
1	June 1987	International Congress of Nutrition	Jerusalem	Iron deficiency anemia and physical activity of adolescent girls	Lecture
2	June 1995	International Congress of Nutrition	Jerusalem	Group therapy guided by a dietitian and a social worker	Lecture
3	Dec. 2001	Israel National Congress for Health Policy International conference	Jerusalem	"Mothers know best". Physicians, nurses and parents: attitudes, knowledge and barriers to nutrition in health family care centers	Lecture
4	September 2006	Pediatric Conference	Tel Aviv	Nutrition education in childhood	Lecture and discussion
5*	March 2018	Dia-Obesity conference	Jerusalem	The Israeli Action to prevent diabetes and Obesity	Lecture and discussion
6*	February 2019				
7*	September 2019	Israel National Congress for Health Policy International conference	Jerusalem	The Israeli nutritional guidelines	Poster
8*	September 2019	Atid conference	Tel Aviv	Why Mediterranean diet	Lecture
9*	October 2019	The network of healthy cities	Tel Aviv	What is new in the guidelines	Lecture

A3 Active Participation- In Israel national conferences

No.	Date	Name of Conference	Place of Conference	Subject of	Role
	May 1997	Maccabi Healthcare Services	Tel Aviv	The cost effectiveness of nutritional consultants for Maccabi patients	Lecture
	June 1999	Rambam Congress on nutrition	Haifa	The nutritional status of geriatric patents	Lecture
	June 2000	Congress for advanced nutrition	Ben-Gurion University Beer Sheva	A nutrition school program- variety is the direction	Lecture
	May 2002	Israeli congresses on nutrition	Jerusalem	Nutrition work in Maccabi 1990-2002	Lecture
	Oct. 2002.	The history of medicine	Bar- Ilan University	The history of the nutrition during the big immigration wave on the 50s	Lecture
1	May 2003	The "Atid" annual conference	Tiberius	The future of the pyramid guide	Lecture
2	June 2003	The conference in memory of Carl Y Guggenheim	Jerusalem	The history of a great nutrition pioneer in Israel- Guggenheim the man	Lecture
3	Oct 2003	Physical activity and Nutrition	Tel Hai	The obesity epidemic- dilemmas	Lecture
4	February, 2004	The organization for child security	Ben-Gurion University	Hunger poverty and malnutrition in Israel	Lecture
5	June 2004	Industry and nutrition, united power	Tel Aviv	The childhood obesity epidemic, what can we do...	Lecture
6	December 2004	Maccabi conference on lifestyle	Eilat	Nutrition's biggest epidemic	Lecture
7	May 2005	Industry and Nutrition "United power"	Tel Aviv	Quality assurance in nutrition management	Lecture
8	February 2006	Industry and Nutrition "United power"	Tel Aviv	Nutritional assessment: a case study	Lecture

No.	Date	Name of Conference	Place of Conference	Subject of	Role
9	October 2006	Cardiovascular Conference on Obesity	Tel Aviv	The dietitian role in treating obesity	Lecture
10	April 2007	Industry and Nutrition" United power"	Tel Aviv	Obesity Task Force	Lecture and discussion
11	May 2007	The 14 th conference of the Israeli society for quality in medicine	Tel-Aviv	A clinical trial to assess the impact of models of nutritional intervention among community dwelling elderly, members of Maccabi Health Services".	Poster- cum laude
12	May 2008	Industry and Nutrition" United power"	Tel-Aviv	Nutrition safety committee and recommendations	Lecture and discussion
13	June 2008	The national conference for health in Israel- Maariv and Maccabi	Tel Aviv	What do HMO in Israel does about obesity treatment and preventions	Lecture and discussion
14	January 2010	The Maccabi Diabetes conference	Tel Aviv	The Holistic treatment for Bariatric patients in Maccabi	Lecture and discussion
15	October 2011	The Israeli institute for the health services research	Tel Aviv	Nutritional differences utilization in different SES Diabetics	Lecture
16	October 2012	Atid the Israeli nutrition society	Vingate	Children obesity clinics in Maccabi a new and effective program	Poster
17	February 2013	Maccabi health care services	Tel Aviv	Breast cancer screening latest recommendations	Lecture
18	May 2013	Maccabi health care services	Tel Aviv	The best screening to colon cancer	lecture and discussion
19	June 2013	The Israeli institute for the health services research	Jerusalem	Diabetes Prevention Program: Individual or Group Therapy? An Effectiveness Evaluation	Poster

No.	Date	Name of Conference	Place of Conference	Subject of	Role
20	March 2014	Maccabi health care services	Tel Aviv	Motivational interviewing for physiotherapists	lecture and discussion
21	April 2014	Physician conference Maccabi	Ramat Hasharon	Improving compliance by motivation	Lecture and discussion
22	May 2014	The Israeli institute for the health services research	Tel Aviv	Antibiotics the patients perspective	Poster
23	November 2015	The Taub conference on social capital	Jerusalem	The built environment and obesity	discussion
24*	November 2016	The Israeli society for gastroenterology	The Hula	The harm of processed meat	Lecture and discussion
25*	June 2017	The Israeli society for Endocrinology	The Hula	Individualized diet for Diabetes	Lecture and discussion
28*	November 2017	The Israeli society for gastroenterology	The Hula	The Israeli regulation in Nutrition	Lecture and discussion
27*	June 2018	The Israeli society on public health	Tel Aviv	Complimentary foods for babies Unified textures of foods for the elderly	2 Posters
28*	May 2019	An international conference on women health	Tel Aviv	The first 1000 days of life	Lecture

b. Organization of Conferences or Sessions

No	Date	Institution	Activity	Role
1	Jan 2007	Maccabi Bait Balev University of Haifa and MOH	First united conference on elderly nutrition in Tel Aviv	Lecture
2	June 2008	Maccabi	First scientific conference in Nutrition of Maccabi nutritional unit in Nazareth	Lecture
3	Jan 2009	Maccabi Bait Balev, University of Haifa and MOH	Second united conference on elderly nutrition in Tel Aviv	Lecture
4	March 2010	Maccabi Ashkelon	Second scientific conference in Nutrition of Maccabi nutritional unit in Ashkelon	Lecture
5	February 2012	Maccabi Healthcare Services	Third scientific conference in Nutrition of Maccabi nutritional unit in Jerusalem	Lecture
6	1990-2012	Maccabi Healthcare Services	Organizer of 20 conferences on varies subjects of nutrition	Lecture
7	February 2013	University of Haifa	Organizer of conference on childhood obesity	Lecture
8	December 2014	Ministry of health	Organizer of conference on leadership in nutrition	Lecture and organization
9	December 2015	Ministry of health	Organizer of conference on leadership in nutrition	Lecture and organization
10*	December 2016	Ministry of health	Organizer of conference on leadership in nutrition	Lecture and organization
11*	December 2017	Ministry of health	Organizer of conference on leadership in nutrition	Lecture and organization
12*	May 2018	United force in nutrition	Organizing a session on BMI	Organization
13*	June 2018	Environmental health conference	Organizing a session on nutrition regulations	Lecture and organization
14*	July 2018	Nurse course	Organizing a session on nutrition regulations	Lecture and organization
15*	September 2019	Health promotion course	Organizing a session on nutrition regulations	Lecture and organization

7. Invited Talks

a. Abroad

No.	Date	Place of lecture	Name of forum	Presentation/Comments	Role
1	Apr 2001	University of Rochester New York	Department of Community Health and Preventive Medicine,	The contribution of Sarah Bavli to the development of the Israeli nutrition services	Lecture
2	Aug 2007	Chicago USA	Rush University, Chicago	Nutrition management in future computerized surroundings	Lecture
3	June 2008	Amman Jordan	ADA(American Academy of Dietetics) international	The IDOS study "international diabetes nutritional treatment"	Lecture
4	Aug 2010	Chicago USA	ADA conference	The IDOS study " lesson from Israel"	Lecture
*5	Nov 2014	La playa Gran Canary	PHNC Conference of Public Health Nutrition	The health ministry perspective over food labeling in Israel	Lecture
*6	Dec 2014	Vic University Spain	Conference on advance Nutrition	Mediterranean diet and Alzheimer prevention	Lecture
*7	April 2015	Dubrovnik Croatia	Optimal nutrition for all meeting	Israel Optimal nutrition for all stakeholders meeting	Lecture
*8	June 2015	Athens Greece	WHO meeting	Food marketing to children the Israeli way	Lecture
*9	Sep 2015	Nish Serbia	Days of preventing medicine	Mediterranean diet and Alzheimer	Lecture
*10	November 2016	Madrid Spain	Optimal nutrition for all meeting	Israel Optimal nutrition for all regulation committee	Lecture
*11	January 2017	Hawaii, Big island	HICSS-50	Optimal nutrition for all meeting a national program	Lecture
*12	October 2019	Bad Hofgastein	European health Forum	The Israeli nutrition policy	Lecture and discussion

No.	Date	Place of lecture	Name of forum	Presentation/Comments	Role
*13	December 2019	Rome Italy	FAO	The Israeli nutrition policy	Lecture and discussion

b. Invited Talks: Israel

No.	Date	Place of Lecture	Name of Forum	Presentation/Comments	Role
1	May 2003	Herzlia Israel	Tnuva Research Institute	Nutrition policy	Lecture
2	June 2003	Nathania Israel	Wingate College	Sarah Bavli's contribution to the development of nutrition in Israel	Lecture
3	December 2003	Jerusalem	Van Leer Institute	Nutrition education during the 50s in Israel	Lecture
4	January 2003	University of Haifa	University of Haifa school of nursing	The foundation of the nutrition occupation in Israel	Lecture
5	March 2003	Ben-Gurion Medical school	The Ben-Gurion Medical school	Nutrition and high blood pressure	Lecture
6	January 2004	Tel Aviv	Maccabi health day for medical workers	The world is getting wider	Lecture
7	March 2004	Ben-Gurion University	Ben-Gurion School of Public Health	Child nutrition in the global word	Lecture
8	March 2004	Tel Aviv	Conference for Maccabi physician on obesity	Childhood obesity epidemic	Lecture
9	June 2004	Rehovot	The Hebrew University annuals university for the school of nutrition 25 th	Opening lecture "From home economics to clinical nutrition"	Lecture
10	May 2005	Tel Aviv	Keren Maccabi conference	Obesity and longevity	Lecture
11	September 2005	Ariel	Ariel College	Nutrition in the community	Lecture

No.	Date	Place of Lecture	Name of Forum	Presentation/Comments	Role
12	November 2005	Ramat HaSharon	Maccabi family physicians	Food poisoning policy	Lecture
13	February 2006	Beer Sheva	Ben Gurion University: Children welfare conference	Nutritional hazards in teenagers	Lecture
14	May 2006	Tel Aviv	Atid Conference	Nutrition policy	Lecture
15	Sep 2006	Tel Aviv	Pediatric conference	Nutrition education of adolescents	Lecture
16	March 2007	Tel Hai	Tel Hai College	Nutrition in the community	Lecture
17	May 2007	Jerusalem	Hadassah Diabetes educators	Health behavior and diabetes	Lecture
18	June 2007	Lod	Industry Conference, Nutrition in The New Era	Food Claims What the consumer need to know	Lecture
19	November 2007	Jerusalem	2020 conference	Obesity targets for 2020 in Israel committee recommendations	Lecture
20	January 2008	Lod	Uniliver	Literacy in Nutrition	Lecture
21	March 2008	Jerusalem	Diabetes Educators course	Change in nutrition and Diabetes	Lecture
22	December 2008	Caesarea	Maccabi Diabetes conference	Bariatric surgery rolling case	Lecture
23	December 2008	Ramat Gan	Maccabi Health Centers, Nurse conference	Maccabi activities in children Obesity	Lecture
24	December 2008	Tel Aviv	Maccabi Health Centers Family physician conference	What to do with obesity	Lecture
25	September 2009	Lod Israel	The Association of Family Practice in Israel	Maccabi Success in treating children Obesity	Lecture
26	October 2010	Vingate Israel	Atid	Maccabi as a health medical organization in the obesity epidemic	Lecture
*27	November 2012	Tel Chay college	First year students	Maccabi nutritional services present and future	Lecture
28	November 2013	Lod Israel	Equality in Health, Health Ministry	Nutrition and food security in a time of prosperity	Lecture
29	May 2014	Tel Aviv	The Health Ministry	What is done in health promotion in Maccabi	Lecture
30	May 2014	Jerusalem	A Diabetes conference	The group as a resource	Lecture

No.	Date	Place of Lecture	Name of Forum	Presentation/Comments	Role
31	September 2014	Tel Aviv	Atid conference	The future of the nutrition profession	Lecture
32	May 2015	Tel Aviv	Israel institute of health research	The whole bread dilemma	Poster
*33	September 2016	Glilon	Conference of gastro	Processed meat	Lecture
*34	November 2015	Tel Aviv	Tel Aviv University	The local nutrition and sustainability	Lecture
*35	November 2016	Tel Aviv	The commerce office	Mediterranean diet	Lecture
*36	November 2016	Glilon	Endocrinology conference	Individual and community nutrition therapy for diabetes	Lecture
*37	December 2016	Tel Aviv University	Tel Aviv University	Salt and chickens the ministry of health action plan	Lecture
*38	January 2017	Tel Aviv University	Nutrition and sustainability	Food system the Israeli perspective	Lecture
*39	June 2018	Tel Aviv University	Mana school of food security	The Israeli built environment	Lecture
*40	July 2018	Tel Aviv University	Mana school of food security	The food insecurity in Israel	Lecture
*41	August 2018	Tel Aviv University	International MPH	The hidden hunger and what the ministry do	Lecture
*42	September 2018	Jerusalem ministry of health	The committee for water fortification	Why we should add magnesium to water	Lecture
*43	October 2018	Vulkany research center	Vulkany researcher forum	The Mediterranean diet in Israel	Lecture
*44	October 2019	Technion conference	Forum on food labeling	The importance of food labeling	Lecture and discussion
*45	November 2019	Tel Aviv University	Child medicine	Adolescent and nutrition	Lecture and discussion
*46	November 2019	Tel Aviv University	Nutrition leadership	Nutrition division activity	Lecture and discussion
*47	December 2019	Tel Aviv	Health promotion Israel	Nutrition environment	Lecture and discussion
*48	December 2019	Tel Aviv	www.isranalytica.com	"Analysis and Regulation of Food Safety and Nutritional Value"	Lecture and discussion

No.	Date	Place of Lecture	Name of Forum	Presentation/Comments	Role
*49	December 2019	Jerusalem	Tenatology	First 1000 days of life	Lecture and discussion

8. Colloquium Talks

No.	Date	Place	Name of Forum	Presentation/Comments	Role
1	May 2009	Tel Aviv	United Conference in nutrition	The importance of drinking water in the fight of obesity	Lecture and scientific committee
2	December 2009	Bar-Ilan	Alternative medicine in Maccabi	Evidence based nutrition	Lecture
3	January 2010	Maccabi	Nutrition and Drug interaction	Case reports	Lecture and scientific committee
4	March 2010	Ashkelon Second scientific conference on Nutrition	Nutrition conference for the Dietitians in Maccabi	Maccabi Nutrition department present and future	Lecture and scientific committee Organizing
5	February 2012	Conference on Nutrition	Nutrition conference for the Dietitians in Maccabi	Maccabi Nutrition department present and future	Lecture and scientific committee Organizing
6	March 2013	Eilat	Pharmacy staff scientific meeting	Nutrition in Bariatric	Lecture and scientific committee Organizing
7	October 2017	Ministry of agriculture	Agricultures guides	Mediterranean diet	Lecture
8	March 2018	Ministry of agriculture	Supermarkets managers	Mediterranean diet and supermarkets responsibility	Lecture and discussion
9	June 2018	Ministry of agriculture	Chicken and meat producers	Risks of process foods	Lecture and discussion
	December 2019	Ministry of agriculture	Water	Risks of lack of mineral in the food chain	Lecture and discussion

9. Research Grants

A. Grants Awarded

C=competitive grant

Role	Grant Location	Other Researchers	Topic	Funding by	Amount	years
PI	Ben Gurion University		The history and the foundation of the nutrition services and education in Israel.	Danona Institute	\$20,000	2001 - 2003
PI	Ben Gurion University	Shifra Shvarts (Co-PI)	Physician's, nurse's and mother's knowledge and barriers in nutrition.	Israel National Institute for Health Policy	NIS 60,000	2000 - 2001
PI	Maccabi health medical services	Neomi Trostler (Co-PI)	International research on nutrition therapy for diabetic patients IDOS	ADA American Dietetic Association	500,000\$	2003 - 2005
Co-PI	Barzily hospital	Ronit Peled (PI)	Osteoporosis and nutrition in the Ethiopian women	Tnuva Research Fund.	NIS 70,000	2003 - 2005

Role	Grant Location	Other Researchers	Topic	Funding by	Amount	years
PI	Ben Gurion University	Danit Shahar (Co-PI)	Malnutrition In The Elderly EDIT	Israel National Institute for Health Policy	NIS 77,000	2004 - 2005
PI	Tel Aviv University	Yael Benyaminy,(PI)	Group therapy	ISF (C)	\$60,000	2005
Co-PI	University of Haifa	Perla Werner (PI)	Attitudes toward nutrition of the elderly	Roter Found	6,000 NIS	2005
PI	Hebrew university	Aliza Shtark (PI)	Ethiopians eating habits	Maccabi Academic Health fund	65,000 NIS	2006
PI	Gertner Institute of Research	Orly Tamir Milka Donchin (Co-researcher)	Taxing over junk food	The Israel National Institute for Health Policy	250,000 NIS	2010 - 2011
* PI	University of Haifa	Anat Gesser Edelsburgh (PI)	Front labeling of Food	Choices Foundation	100,000 NIS	2010 - 2011
* Co-PI	Ben Gurion University	Michal Beerli.(PI), Danit Shahar DR (CI)	Dietary factors, inflammation and cognitive decline in diabetic elderly	AFAR- American Federation of Aging Research. (C)	100,000\$	2011 - 2012
* PI	University of Haifa and the Technion	Orna Baron-Epel (PI), Pnina Plaut (CI)	Built Environment	ISF (C)	124,000 NIS X 3	2012 - 2014
* Co-PI	University of Haifa	Orna Baron-Epel,(PI)	Health Promotion Schools Evaluation	Ministry of education	200,000 NIS	2013 - 2014
* Co-PI	University of Haifa	Iddo Gal (PI)	Mathematic Literacy	Maccabi Health	100,000 NIS	2014 - 2015

Role	Grant Location	Other Researchers	Topic	Funding by	Amount	years
			In Diabetes patients	Medical services		
PI	University of Haifa and the Technion	Pnina Plaut (CO-PI), Orna Baron-Epel (CI)	Physical activity and better nutrition in Maccabi and recreation area	Keren Kayemet Israel (KKL)	80,000 NIS	2014 - 2015
*PI	University of Haifa	Faina Tsodikov (Co-PI)	Prediabetes Nutritional treatment in mental ill Hostel Patients	Ozma	150'000 NIS	2016 - 2017
*PI	Tel Aviv University	Orit Karniely (Co-PI)	Workshop on Diabetes education	Bat Sheva Grant	10'000 \$	2016

B. Submission of Research Proposals - Pending

Role in Research	Other Researcher	Topic	Funding Agency	Sum	Date
Co-PI	Orly Tamir (PI)	Front of pack	Israeli national medical research institute	150,000	2019
Co PI	Miri Cohen	Health behavior and cancer survivals	ISF	150,000 \$	2020

C. Submission of Research Proposals - Not Funded

	Role in Research	Other Researcher	Topic	Funding Agency	Sum	Date
*	PI	Orna Baron-Epel (PI)	Built environment	BSF (C)	250,000\$	2011
*	PI	Orna Baron Epel (CO-PI)	Smoking cessation in Maccabi what works	Pfizer grants	200,000\$	2014
*	PI	Rivka Goldshmit(CO-PI)	Infrastructure of industrial food	Health scientists of the health ministry	1 million NIS	2014

10. Scholarships Awards and Prizes

2007,2009,*2012, 2017: Prize for excellence in teaching In University of Haifa.

* 2011- Prize for excellence in contribution to the health promotion In University of Haifa.

* 2018 – prize for life contributing to the Israeli nutrition – "Atid- the nutritionists organization"

11. Teaching

A. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar /Workshop	Degree B.A./M.A./M.Sc/Ph.D And Institutions	Number of Students
2002-2004	Health policy and management	Lecture-Course	1. Wollfson school of nursing 2. Maccabi health medical organization (HMO) 3. Meuchedet HMO BA & MBA	60
2000 - 2004	Research seminar in nutrition	Seminar	Ben-Gurion sixth year of Medical School	60

Year	Name of Course	Type of Course Lecture/Seminar /Workshop	Degree B.A./M.A./M.Sc/Ph.D And Institutions	Number of Students
2001-2003	History of nutrition and nutritional policy	Lecture-Course	Tel-Hai BSc second year	65
2002-2003	Health policy and management	Lecture-Course	Tel-Hai BSc second year	65
2002-2003	Health policy and management	Lecture-Course	Ben-Gurion BA health management first year	40
2004	Nutrition and hyperalimentation Pharmacy	Lecture-Course	Ben-Gurion University, School of Pharmacy, third year BSc	40
2004	Nutrition for medical students: hypertension, intensive course second year	Lecture-Course	Ben-Gurion University, sixth year Medical School	60
*2005-present	Chronic disease management	Lecture-Course	University of Haifa MPH program	20
*2005-present	The health professionals a new era	Lecture-Course	University of Haifa MPH program	20
*2005-present	Nutrition policy	Lecture-Course	University of Haifa MPH program	20-25
*2005-present	Life style	Lecture-Course	University of Haifa MPH program	35
*2009-present	Motivational interviewing for dietitians	Lecture-Course	University of Haifa MPH program	20

Supervision of Graduate Students

No	Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Student grades and achievement
1	July Karako	Obesogenic families in Israel	MPH, Ben Gurion University	2005	Grade 90

No	Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Student grades and achievement
2	Omar Darwashe (With Orna Baron-Epel)	Obesity in adolescent Arab girls, village compare to city	MPH, University of Haifa	2008	Grade 90
3	Yusra Gadir (With Lital Keinan)	Junk food in Arab teenagers	MPH, University of Haifa	2008	Grade 90
*4	Yael guy	Vitamin D and quality of life in young man	MAN (master in applied nutrition) University of Haifa	2011	Grade 95 Preparing a paper
*5	Ester Kazoti	Parents role modeling and children obesity	MPH, University of Haifa	2011	Grade 85
6	YaaraTirosh	Front food labeling	MAN (master in applied nutrition) University of Haifa	2011	Grade 90 Published paper D19
7	Michal Horovitz	Planning for obesity epidemic	MA University of Haifa	2015	Grade 94
8	Ana Bloch	Bariatric and physician knowledge	Doctor in medicine Tel Aviv University Medical school	2015	Grade 95
9	Limor tal pony	Predicting factors for success in children weight reduction program	MSc Hebrew University	2012	Grade 95
10	Lila sfary	Infant movements and nutrition	University of Haifa	2012	Grade 90
11	Sarit Akerman	Executive function and Obesity	MAN University of Haifa	2013	Grade 90
12	Dikla ofir	Build environment in Nutrition Obesity risk	MPH, University of Haifa	2014	Grade 84
13	Tamar Cohen	Taxing	MAN University of Haifa	2014	Grade 94

No	Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Student grades and achievement
14	Maha Kabalan	Diabetes gender and balance	MPH University of Haifa	2015	Grade 90
15	Shani Osnat	Kindergarten nutrition on low socioeconomic environment	MAN University of Haifa	2015	Grade 90
*16	Fuad Michaeli	Electronic prescriptions	MPH University of Haifa	2016	Grade 82
*17	Maya Bukai	Emotional eating and pain	MAN University of Haifa	2017	Grade 90
*18	Renin Angel	Alzheimer and traditional eating	MPH University of Haifa	2016	Grade 82
*19	Yaara Toledano	Mathematic literacy	MPH University of Haifa	2017	Grade 90
*20	Tatiana Taplizki	Energy bars	MPH University of Haifa	2018	Grade 88
*21	Silvi Bialostozky	Kindergarten nutrition intervention	MAN University of Haifa	2018	Grade 88
*22	Nurit Huminer	Evaluating the nutrition program in school	MAN University of Haifa	2017	Grade 93
*23	Hanin Oved	Obstacles to diabetes treatment	MAN University of Haifa	In process	

No	Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Student grades and achievement
*24	Misa Bransa	Executive function in ADHD adolescent who suffer from obesity	MSC in Occupational Therapy	2019	Grade 85
*25	Bian Garaba	Breastfeeding in the Arab population	PHD University of Haifa	2019	Grade 90
*26	Duhha Katish	Sweet beverages the Arab population	PHD University of Haifa	In process	
*27	Yamamy wahabi	Bariatric surgery in Druz and Jewish population	MPH University of Haifa	2017	Grade 88
*29	Irit Oved	Bariatric surgery	MPH University of Haifa	In process	
*30	Sigalit Lavonsky	Falls and sarcopenia in the elderly	MPH University of Haifa	In process	
*31	Galia Sheffer	Oral health in a multidisciplinary team	PHD Nursing school	In process	

No	Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Student grades and achievement
*32	Sohab \janem	Physical activity in Children with down syndrome	MPH University of Haifa	In process	
*32	Hila				
*33					

PUBLICATIONS

A. Ph.D. Dissertation - 2002

Title of Doctoral Dissertation:

Title: Policy and development of nutrition services for the infant and child in Israel, from breast-feeding to food luncheons during the years 1909-1970.

Date of submission:2002

Number of pages: 261 pages with attached materials 350. (One chapter was published See D6)

Language: In Hebrew,

Name of supervisor: Prof. Shifra Shvarts and Prof. Ehood Zmora

University: Ben-Gurion University

Note: order of authors reflects relative contribution unless otherwise mentioned

B. Scientific book

Authored Books

None

Edited Books and Special Journal Issues – Published

1. **Endevelt R.** (Editor). Proceedings of the Guggenheim memory conference 2003. Academion (70 pages) (Hebrew)
2. **Endevelt R.** and Berner I (Editors). Gerontology (nutrition of the elderly) Sep 2006. (Hebrew). (50 pages)
3. Editorial Board Member of the [Journal of Psychology and Psychotherapy Research](#).

C. Monographs

None

D. Articles in Refereed Journals

= I had an equal contribution as the first writer

My student

V= Vatat list (The Israeli high council of education ranking

IF=Impact factor (whenever available), followed by journal rank within its category according to the ISI (JCR) Year of Publication

Published

- 1** **Endevelt, R.**, Zamir, J., Shahar, D., Sirkis, D., Menchel, J. (2002). Dietary intake and healthcare use among the elderly-Maccabi Healthcare Services Survey. *Harefuah*, 141 (9), 775-779 (Hebrew).
- 2** **Endevelt, R.**, Blau, A., Neville, A., Shvartzman, P., Shvarts, S. (2003). Mothers know best. *Harefuah*. 142 (11), 728-733 (Hebrew).
- 3** **Endevelt, R.**, Shahar, D.R. (2004). Omega-3: the vanishing nutrient beyond cardiovascular prevention and treatment. *Israel Medical Association Journal*, 6 (4), 235-239
SJR 0.283, Q2 Medicine
- 4** **Endevelt, R.**, Shahar, R.D., Hankin, Y. (2006). Development and implementation of nutrition education program for medical students- A New Challenge. *Education Health*, 19(3), 321-330
SJR 0.419, Q2 Education
- 5** **Endevelt, R.** (2006). The dietitian role in homecare. *Gerontology*, Sep, 73-79 (Hebrew).
- 6** **Endevelt, R.** (2007). School Lunch Programs in Israel, Past and Present. *Hygiea Internationalis*, 6 (1), .93–105. NA
- 7** **Endevelt, R.**, Werner, P., Stone, O. (2007). Dietitians' Attitudes Regarding Elderly Nutritional Factors. *Journal of Nutrition in the Elderly*, 26(1/2), 45-58.
SJR 0.252, Q3 Geriatrics and Gerontology
- 8** Peled, R., Dahan, D., **Endevelt, R.** & Shahar R.D. (2007). Osteoporosis among Ethiopian immigrant women: a risk analysis. *Archives of Osteoporosis*, 2, 45-52.
<http://springerlink.com/content/1377n3t5111q4n28/?p=7773b8af8f9942769c2176101d8fdaab&pi=4>
SJR 0.132, Q4 Orthopedics and Sports Medicine
- 9** **Endevelt, R.**, Werner, P., Karpati, T., Ben-Ami, L. (2009). Which Physicians are Best Prepared to Advise Seniors about Nutrition? A pilot Survey in Israel. *Journal of Nutrition in the Elderly*, 28(1): 96-104.
SJR 0.330, Q2 Geriatrics and Gerontology
- 10** **Endevelt, R.**, Baron-Epel, O., Karpati, T., Heymann, A.D. (2009). Does low socioeconomic status affect use of nutritional services by pre-diabetes patients? *International Journal of Health Care and Quality Assurance*, 22(2):157-67.
(SJR 0.271, Q2, in Business, Management and Accounting)

- 11 **Endevelt, R.**, Werner, P., Goldman, D., Karpati, T. (2009). Nurses knowledge and attitudes regarding nutrition in the elderly. *Journal Nutrition Health Aging*, 13(6):485-9. (SJR- 06.16, Q2 , in Nutrition & Dietetics)
- 12 Shemesh, A., **Endevelt, R.**, Monnickendam, S.M. (2009). Importance of nutritional assessment and collaboration between physicians and registered dietitians in detecting celiac disease: two case studies. *Journal of American Dietetic Association*, 109(8):1445-8.
- 13 Mishali, M., **Endevelt, R.**, Heymann, A.D. (2011) Nerative treatment to dietitians, *Nutrition Today*, 27-32, (46).
SJR 0.133, Q3 In Nutrition and Dietetics
- 14 Gesser-Edelsburg, A. & **Endevelt, R.** (2011) An entertainment-education study of stereotypes and prejudice against fat women: an evaluation of Fat Pig. *Health Education Journal*.
(IF -0.729, Rank JR 101/206 Q2,in Education & educational research)
<http://hej.sagepub.com/content/early/recent>
- 15 **Endevelt R**, Lemberger J, Bregman J, Kowen G, Berger-Fecht I, Lander H, Karpati T, Shahar DR. (2011) Intensive Dietary Intervention by a Dietitian as a Case Manager among Community Dwelling Older Adults: The EDIT* Study. *Journal of Nutrition Health and Aging*. ;15(8):624-30.
(SJR 0.922, Q2 Nutrition & dietetics)
- 16 = Regev-Tobias H, Reifen R, **Endevelt R**, Havkin O, Cohen E, Stern G, Stark A. (2011) Dietary acculturation and increasing rates of obesity in Ethiopian women living in Israel. *Nutrition*. Jul 14. (IF- 2.477, Rank JR 29/74 Q2, in Nutrition & Dietetics)
- 17 =S Hemo B, **Endevelt R**, Porath A, Stampfer MJ, Shai I. (2011) Adherence to weight loss medications; post-marketing study from HMO pharmacy data of one million individuals. *Diabetes Research and Clinical Practice* . Nov;94(2):269-75.
(IF – 2.754, Rank JR 56/122 Q2, in Endocrinology & Metabolism)
- 18 =S Shemesh A, **Endevelt R**, Levy Y. (2011) Reversible Nutritional Hypogonadism in a 22-Year-Old Man. *American Journal of Medicine*. Dec;124(12):e1-2.
(IF - 5.430, Rank JR 13/155 Q1, in Medicine general internal , V)
- 19 =Gesser-Edelsburg A, **Endevelt R**, Zemach M, Tirosh-Kamienchick Y. (2013) Food Consumption and Nutritional Labeling Among Immigrants to Israel from the Former Soviet Union. *Journal of Immigrant and Minority Health*. Feb;27(1):58-68.
(IF- 1.264 Rank JR 78/143 Q3, in Public, Environment & Occupational health)

- 20** =Trostler N, Myers E, Alphan E, **Endevelt R**, Voet H. (2013) Outcomes monitoring and implementing evidence-based nutrition practice guidelines for type 2 diabetes mellitus in 2 middle eastern countries. *Top clinical nutrition* vol. 28. ,Mo 3 pp. 233-248. SJR 0.169, Q4, in Nutrition and Dietetics
- 21** =Knaan T, **Endevelt R**, Singer P. (2013) Evaluating the validity of the "categories method": a new method for self-report assessment of daily calorie intake: a pilot study. *Canadian Journal of Diabetes*. 2013 Apr;37 Suppl 2:S283. (IF - 0.494, **Rank** JR 114/124 Q4, in Endocrinology & Metabolism)
- 22** **Endevelt R**, Baron-Epel O, Viner A, Heymann AD. (2013) Socioeconomic status and gender affects utilization of Medical Nutrition Therapy. *Diabetes Research in Clinical Practice*. May 20. (IF- 2.536, **Rank** JR 67/124 Q3, in Endocrinology & Metabolism)
- 23** **Endevelt R**, Ben-Assuli O, Klain E, Zelber-Sagi S. (2013) The role of dietician follow-up in the success of bariatric surgery. *Surgery Obesity Related Disease*. Nov-Dec;9(6): 963-8. Jan 23. (IF - 4.942 **Rank** JR 7/204 Q1 in Surgery)
- 24** Heymann AD, Leshno M, **Endevelt R**, Shamir R. (2013) The high cost of celiac disease in an Israeli Health Maintenance Organization. *Health Economics Review*. Nov 7;3(1):23. (SJR 0.392, Q2 in Health Policy)
- 25** =Benyamini Y, Geron R, Steinberg DM, Medini N, Valinsky L, **Endevelt R**.(2013) A Structured Intentions and Action-Planning Intervention Improves Weight Loss Outcomes in a Group Weight Loss Program. *American Journal of Health Promotion*. Nov-Dec;28(2):119-27. (IF- 1.762 **Rank** JR Public, 47/143 Q2, in Environmental & Occupational Health, V)
- 26** Valinsky L, Preiss R, **Endevelt R**, Dopelt K, Mishali M, Heymann AD. (2013) Reducing resistance to treatment, through group intervention, improves clinical measurements in patients with type 2 diabetes. *BMC Endocrinology Disordered*. 2013 Dec 28;13(1):61. (IF- 1.673, **Rank** JR 91/124 Q3, in Endocrinology & Metabolism, V)
- 27** =Gesser-Edelsburg A, **Endevelt R**, Tirosh-Kamienchick Y. (2014) Nutrition labeling and the choices logo in Israel: positions and perceptions of leading health policy makers. *Journal of Human Nutrition and Dietetics*. Feb;27(1):58-68. (IF- 1.987, **Rank** JR 49/77 Q3, in Nutrition & Dietetics , V)
- 28** **Endevelt R**, Gesser-Edelsburg A. (2014) A qualitative study of adherence to nutritional treatment: perspectives of patients and dietitians. *Patient Preference and Adherence*. Feb 4;8:147-54. (IF- 1.676, **Rank** JR 59/154 Q2, in Medicine, General & Internal, V)

- 29 =S Yackobovitch-Gavan M, Steinberg DM, **Endevelt R**, Benyamini Y. (2014) Factors associated with dropout in a group weight-loss programme: a longitudinal investigation. *Journal of Human Nutrition and Dietetic* . Feb 14.
(**IF**- 1.987, **Rank JR** 49/77 Q3, in Nutrition & Dietetics , **V**)
- 30 **Endevelt R**, Elkayam O, Cohen R, Peled R, Tal-Pony L, Michaelis Grunwald R, Valinsky L, Porath A, Heymann AD. (2014) An intensive family intervention clinic for reducing childhood obesity. *Journal of the American Board of Family Medicine*. May-Jun;27(3): 321-8. (**IF** - 1.848 **Rank** 4/18 Q1, in Primary Health Care Q1 , **V**)
- 31 **Endevelt R**, Peled R, Azrad A, Kowen G, Valinsky L, Heymann AD. (2014) Diabetes prevention program in a Mediterranean environment: Individual or group therapy? An effectiveness evaluation. *Primarily Care Diabetes*. Aug 20.
(**IF** - 1.981 **Rank** JR 5/19 Q2, in Primary Health Care)
- 32 **Endevelt R**, Goren I, Sela T, Shalev V. (2015).Family history intake: a challenge to personalized approaches in health promotion and disease prevention. *Israel Journal of Health Policy Research*. 2015 Nov 20;4:60. (**IF** -1.213 **Rank** JR in Primary Health Care)
(**IF**-1.534, **Rank JR** 50/75 Q3, in Health Policy & Services)
- 33* Moran, M, Goldblatt, R, Plaut, P, Endevelt,R RBaron-Epel, O.(2015) The Socioeconomic and Spatial Dimensions of Adolescent Overweight and Obesity: The Case of Arab and Jewish Towns in Israel. *Journal of environment and health science*. 1(2): 1- 12.
- 34* Tepper, s, Dabush, Y, Shahar, D.R, Endevelt, R, Geva, D, Ish-Shalom. (2016) Vitamin D Status and Quality of Life in Healthy Male High-Tech Employees, *Nutrients*, 15 June. (**IF**- 3.759).
(**IF**-3.550, **Rank JR** 23/81 Q2, in Nutrition & Dietetics)
- 35*= Dombrowski SU, **Endevelt R**, Steinberg DM, Benyamini Y. Do more specific plans help you lose weight? Examining the relationship between plan specificity, weight loss goals, and plan content in the context of a weight management programme. *Br J Health Psychol*. 2016 Jul 25.
(**IF**-2.551, **Rank JR** 35/121 Q2, in Psychology, clinical)

36* = Akerman Fridl S, Josman, N, Endevelt R. Development and standardization of the “Let’s Shop” questionnaire: an assessment of shopping habits and executive functions in people with obesity. *Food Science & Nutrition* 2016; 1–8.

<http://onlinelibrary.wiley.com/doi/10.1002/fsn3.412/full>
(IF-1.444, Rank JR 33/130 Q2, in Food Science and Technology)

37*. <https://scholarspace.manoa.hawaii.edu/bitstream/10125/41779/1/paper0630.pdf>

Proceedings of the 50th Hawaii International Conference on System Sciences | 2017

38* **Endevelt R**, Grotto I, Sheffer R , Goldsmith R , Golan M , Mendlovic J , Bar-Siman-Tov M, Regulatory measures to improve nutrition policy towards a better food environment for prevention of obesity and associated morbidity in Israel, *Public health panorama* , Volume 3, Issue 4, December 2017. <http://www.euro.who.int/en/publications/public-health-panorama/journal-issues/volume-3,-issue-4,-december-2017>

39*. Hayek S, Tessler R, Bord S, **Endevelt R**, Satran C, Livne I, Khatib M, Harel-Fisch Y, Baron-Epel O. Do Israeli health promoting schools contribute to students' healthy eating and physical activity habits? *Health Promotion Int.* 2017 Oct 4.

(IF-1.866, Rank JR 87/181 Q2, in Public, Environmental & Occupational Health)

40*.= Kablan M, **Endevelt R**, Food Habits and the Family and Cultural Restrains in the Druze Population Influence the Diabetes Management in the Female Population. *SM Journal of Food and Nutritional Disorders* . 2017; 3(2): 1019

[file:///C:/Users/dror/Downloads/fulltext_smjfn-d-v3-1019%20\(4\).pdf](file:///C:/Users/dror/Downloads/fulltext_smjfn-d-v3-1019%20(4).pdf)

41* =Ginzburg Y, Shmilovitz I, Monastyrsky N, **Endevelt R**, Shahar DR. Barriers for nutritional care in the transition from hospital to the community among older patients. *Clinical Nutrition ESPEN*. 2018 Jun;25:56-62. doi: 10.1016/j.clnesp.2018.04.004. Epub 2018 Apr 20.

(SJR 0.245 Q3, in Endocrinology, Diabetes and Metabolism)

42* Icht M, Bergerzon-Bitton O, Kachal J, Goldsmith R, Herzberg O, **Endevelt R**. Texture-modified foods and thickened fluids used in dysphagia: Israeli standardised terminology and definitions. *Journal of Human Nutrition and Dietetics*. 2018 Jul 10. doi: 10.1111/jhn.12581. [Epub ahead of print]

(IF-2.681, Rank JR 42/83 Q3, in Nutrition and Dietetics)

43* =Tamir O, Cohen-Yogev T, Furman-Assaf S, **Endevelt R**. Taxation of sugar sweetened beverages and unhealthy foods: a qualitative study of key opinion leaders' views. *Isr J Health Policy Res*. 2018 Jul 31;7(1):43. doi:

10.1186/s13584-018-0240-1.

44* =Endeweld M, Goldsmith R, **Endevelt R**. The demographic and morbidity characteristics of a population receiving food support in Israel. *Israel Journal of Health Policy Research*. 2018 Aug 30;7(1):54. doi: 10.1186/s13584-018-0238-8. (IF1.652, Rank JR 74/157 Q2, in in Environmental & Occupational Health)

45* =Abu-Saad K, **Endevelt R**, Goldsmith R, Shimony T, Nitsan L, Shahar DR, Keinan-Boker L, Ziv A, Kalter-Leibovici O. Adaptation and predictive utility of a Mediterranean diet screener score. *Clin Nutr*. 2019 Jan 5.

46* = HaGani N, Moran MR, Caspi O, Plaut P, **Endevelt R**, Baron-Epel O. The Relationships between Adolescents' Obesity and the Built Environment: Are They City Dependent? *Int J Environ Res Public Health*. 2019 May 6;16(9).

47* Tesler R, Plaut P, **Endevelt R**. The Effects of an Urban Forest Health Intervention Program on Physical Activity, Substance Abuse, Psychosomatic Symptoms, and Life Satisfaction among Adolescents. *Int J Environ Res Public Health*. 2018 Sep 28;15(10). (IF2.145, Rank JR 73/181 Q2, in in Environmental & Occupational Health)

Accept for publication :

E. Articles or Chapters in Scientific Books

Endevelt Ronit, Lansberger Jonathan, Health promotion in aging in "Practical Gerontology: *Working with aging populations*" Editors ; Cohen M Prilozky D. 357-384, Eshel ed (Hebrew) 2015

F. Articles in Conference Proceedings

1. **Endevelt R.** In memory of Guggenheim. Proceedings of the conference in memory of Guggenheim, 2003. Hadassah p. 1-3. (Hebrew)

G. Entries in Encyclopedias

1. **Endevelt R.**(2002) The life of Sarah Bavli, *Encyclopedia of Women*, 35-37

H. Other Scientific Publications

I. Other Publications

Ministry Publications

- *2020 Obesity in Israel task force healthy people Israel
- *2020 Eating disorder task force healthy people Israel
- * The committee of regulatory nutrition 2016

Radio Programs

1. Finger on the pulse 13 programs 2002-2007
2. Health – with Ofra Nechmad 26.08.07
3. *Health – with Ofra Nechmad 19.2.12 (nutrition security)
4. *Health First Chanel 15.8.12
5. *Michal Zafir health program Radio 102 FM 13.5.14
6. * Eylat news 18.10.15
7. * The Russian channel 1.11.15
8. *Galay Zahal August 2018
9. * Voice of the South August 2018
- 10.

Television Programs

1. September 2003 " children obesity " second channel
2. January 2005 "Nutrition and lifestyle" first channel News
3. 20 July 2005 "Can we eat Soya " News second channel
4. May 2005 "Eating disorders" educational channel
5. May 2005 " "The right nutrition" educational channel
6. October 2006 "The beauty competition" Second channel

7. May 2006 Haifa Academic channel: " obesity"
8. Oct 2006 Academic channel: " Vitamins in bread "
9. 2007 Academic channel leading a panel on children obesity now and the future.
10. 2008 January Academic channel leading a panel on nutrition: (Eating disorder, Diabetes, Geriatrics)
11. 2008 March Academic channel leading a panel on nutrition (Sport and Nutrition, children obesity)
12. 2008 March Channel 2 television news "Nutrition and poverty".
13. 2009 May Reshet Bet " Vat on fruit and vegetables- the health problem"
14. 2009 May Y Net "The importance of lowering salt against high blood tension.
15. 2009 November Channel 2 television news, 99 FM , second channel in the radio: British recommendations over adding calories to your daily energy expenditure.
16. 2010 April Junk food as addicted foods Reshet Bet
17. September 2010 channel 10 Rafi Karaso Health program "the problem of salt consumption"
18. September 2010 a series of program "change in the kitchen" –How to change eating pattern in families (Editing and writing the scenario.
19. * October 2011 consultant on the food labeling choices program channel 10
20. * September 2012 consultant on the new diet approaches News channel 2.
21. * May 2013 consultant colon cancer and prevention News channel 2.
22. * March 2014 consultant on the breast cancer in young women "Uvda" channel 2.
23. * June 2014 Radio 102 FM General knowledge on nutrition
24. * August 2014 Radio 103 FM school lunch
25. * August 2014 <http://www.ynet.co.il/articles/0,7340,L-4565092,00.html> healthy birthdays.
26. * September 2014 channel 10 morning news
27. * May 2015 Channel 10 healthy eating Olga Raz and Cheli Maman
28. April 2016 Chanel 10 Healthy regulation
29. April 2016 Chanel 2 Healthy regulation
30. April 2016 Chanel 1 Healthy regulation
31. May 2016 Chanel 10 morning program "Orly and Guy"
32. May 2016 Chanel 22 morning program
33. May 2016 Chanel 10 morning program "Orly and Guy"
34. June 2016 Chanel 11 sugar in food
35. July 2016 Chanel 10 Rafi karaso
36. July 2016 Chanel 10 Barko

37. February 2017 Chanel 10 morning program "Orly and Guy"
38. September 2017 Chanel 10 morning program "Orly and Guy"
39. November 2017 Chanel 10 morning program "Orly and Guy"
40. December 2017 Chanel 10 morning program "Orly and Guy"
41. January 2018 Chanel 10 Hamaarechet Diabetes and sugar control Miki Chaimovotz.
42. August 2018 Chanel 12 Economy news " Calorimetry Room "
43. September 2018 Chanel 12 morning program

Television Series: Writing Editing and Participating

1. "The country on the weight": 4 program, 2004
2. "Educational Television" 3 programs, 2005
3. Channel 2, 4 programs on beauty and nutrition for adolescents, July 2006
4. *Channel 10 program on healthy home, 2010
5. *Internet adviser http://www.nrg.co.il/online/43/HP_390.html
6. Cooking nutritional 2017- the ministry of health and Chanel Nicolodium
7. Cooking healthy 2018 - the ministry of health and Chanel Nicolodium
- 8.

Papers in Newsletters, in Hebrew (Non-Scientific)

Name of the journal	Name of the article	Date
Cochav Yair Local Journal	Children obesity epidemic	December 2004
Azmaiton: The Maccabi physicians journal	Children obesity	Azmaiton: The Maccabi physicians journal
Globs	Junk food in children	2004
Internet articles	Editing the writing the nutrition part of Maccabi Web site. http://www.maccabi-health.co.il/site http://www.nrg.co.il/online/43/ART1/461/857.htm <u>1</u>	2004-present
Horim Veyeladim	Important of drinking water	January 2005
Internet articles	Maccabi Lifestyle site	2006-present June 2006

Name of the journal	Name of the article	Date
	obesity of children http://www.doctors.co.il/m/Doctors/a/Article/xID/4814/xCT/49 obesity of children http://www.nrg.co.il/online/43/HP_390.htm	January 2006
Maccabitan: The Maccabi Health Journal	Endevelt R (Editor) of all the nutritional articles in the "Maccabitan" a popular journal for the last 10 years . Food additives Nutrition lifestyle and pain Nutrition of the elderly Treatment of children obesity Vitamins and minerals Nutrition in adolescents Feb 2008 Nutritional tips	Jan 2003 Jan 2004 Jan 2005 June 2006 Sep 2006 April 2010
Haaretz Newspaper	Nutrition and the food industry Nov 2006 Many articles in nutrition and policy	2000-2006
Maariv Newspaper	Articles about nutrition	2000-2006
Yediot Newspaper	Food labeling and allergy	22 January 2006
Laisha weekly Newspaper	Children obesity	
Yediot Achronot	Milk substitutes and infancy	Feb 2008
Demarker	Vat on fruit and vegetables the health problem	May 2009
Yediot Achronot	British recommendations over adding calories to your daily energy expenditure.	November 2009
Maariv	Junk food a toxic eating epidemic	April 2010
Newsletter of Maccabi in Nutrition twice a week	Many nutritional issues written and edited by me	2009-2012
Popular book	Editing a popular book about obesity Editorial Shichor books (English)	2009
Ynet	http://www.ynet.co.il/articles/0,7340,L-4084483,00.html	2011
Yediot	*Childhood obesity	2011

Name of the journal	Name of the article	Date
Yediot	*Taxing sweet bavreges	2012
Hamodia	*Articles on Obesity for the Orthodoxy Israelis	2012
Yediot	*Smoking and cancer (international day to prevent cancer	2013
Bama	* Nutrition and cancer prevention	2013
De marker	* Vegetarian movement and economics	2014
Yediot	* Healthy eating	2014
Jerusalem post (English)	* Public health project works to reduce salt consumption, promote better nutrition, healthy lifestyle	2015
Doctors	* http://www.doctors.co.il/ar/18091	2015
Newsflash	* http://www.newsflash.co.il/news	2015
Ynet	* http://www.ynet.co.il/articles/0,7340,L-4627619,00.html	2015
*Jerusalem post	The nutrition department in the health ministry	2015
* Yediot	A research on child obesity	2015
*Maariv	Activity in the Knesset	2016
*Doctors	http://www.doctors.co.il/ar/19668	2016
*Ynet	http://www.ynet.co.il/articles/0,7340,L-4923983,00.html	2017
*Ynet	http://www.ynet.co.il/articles/0,7340,L-4956822,00.html	2017
* demarker	http://www.themarker.com/advertising/1.3120256 Food FOP	2017
* demarker	http://www.themarker.com/consumer/1.4107847 Soya Israeli guidelines	2017
* demarker	http://www.themarker.com/consumer/health/1.4161807 symbols over food	2017

Name of the journal	Name of the article	Date
* NRG	http://www.nrg.co.il/online/13/ART2/888/135.htm l?hp=13&cat=138&loc=46	2017
	https://www.yediot.co.il/articles/0,7340,L-5056158,00.html	2017
	https://www.themarket.com/advertising/1.4342160	2017
	http://reshet.tv/item/news/haolam-haboker/season-01/clips/misrad-habriut/ העולם הבוקר	2018
	https://xnet.ynet.co.il/home/0,7340,L-10,00.html מונטה	2018
	https://www.ynet.co.il/articles/0,7340,L-5340853,00.html	2018
	https://www.calcalist.co.il/marketing/articles/0,7340,L-3766617,00.html	2019
	https://www.calcalist.co.il/marketing/articles/0,7340,L-3766230,00.html	2019
	https://www.calcalist.co.il/marketing/articles/0,7340,L-3765722,00.html	2019

Internet Sites

*The health ministry site	Processed meat	2015
*The health ministry site	The nutrition department site	now -2015

J. Other Works Connected with my Scholarly Field

The WHO leading pan European work in hospital nutrition, and participating in stopping unhealthy food commercials for children.

K. Submitted Publications

None

L. Summary of my Activities and Future Plans

The research fields of nutrition includes: biochemistry, physiology, epidemiology history, psychology and behavior and research of the nutritional services and health promotion.

At the beginning of my career I conducted biochemical research on the effect of iron deficiency anemia on the physical activity of adolescent girls. For 23 years I have served as the National Director of the Nutritional Services of Maccabi Health Medical Services, (HMS). During that period of time I developed the service from a few dietitians to a nationwide nutrition service including close to 300 dietitians with many specialties. During these years I was also involved in many research projects on the effect of nutrition services on health and behavior, and on managing the nutritional services. Most of the studies I have done were published in professional journals in Israel and abroad. My unique specialty is in quality assurance of nutrition interventions and improving accessibility of the services to patients with a variety of social statuses and special needs. 6 years ago I was promoted to Direct the Department of Health Promotion and Preventive Medicine in Maccabi combining nutrition, health promotion and social agenda for improved health of the Maccabi members.

In that position, I built a professional and economic model for health promotion in health services based on equal services in all areas of the country. I developed one education program for Maccabi staff responsible for health promotion, and another educational program to improve patient adherence to treatment by increasing involvement of the patients in their personal medical files. The third part of the program focused on improving the skills of the medical therapists and building medical alliances between the therapists and the patients with a teaching tool for motivational interviewing.

During my PhD research and for the dissertation I conducted historical qualitative research about the nutritional services in Israel from the beginning of the 20th century. I was the first researcher to study the history of the Nutritional Services in Israel and I taught students in Tel Hai College of Nutrition about this subject and about the development of the nutrition profession in Israel.

I have been invited to participate in many conferences in Israel and abroad to speak about my research work in this field. I published an article about the foundation of the Nutrition Services to Schools.

4.5 years ago I was nominated to be the Director of the Department of Nutrition in the Health Ministry and lately it was upgraded to be a division. I am involved in nutritional policy in the

medical and education organizations and in the municipal authorities. I also research its implications. I am responsible for all the nutritional services in Israel: The nutrition in hospitals, the 4 HMO, public health nutrition and the nutrition policy in Israel.

I am one of the leading nutritionists in Israel and I am involved in many national decisions concerning different nutritional policy decisions such as food labeling and food banks for the disadvantaged. I am an expert in food security and a member of a Council for Food Security in Israel. I was one of the leaders in the initiative to draft laws for health professionals that took place in 2007. I directed an Obesity and Eating Disorder Task Force for the 2020 Initiative on Health Behavior.

Recently I was nominated to be the head of the nutrition team for building a new nutritional program in the Pan European WHO council. I am involved in 3 team WHO committees: 1. For Front of pack labeling, 2. For salt reduction and food reformulation, 3. For unhealthy food advertisement restrictions.

My main research areas include a variety of subjects in the field of nutrition knowledge services and health promotion. I am interested in the nutritional services in the past, present and future. I am researching the knowledge, attitudes and perceptions of nutrition among nutritionists and other health professionals. I am also investigating the professional knowledge of nutritionists in a Web surrounding, and in the geriatric field. I have published an article about nutritional knowledge among nurses, physicians, dietitians and mothers of young babies. I am interested in assessing the nutritional services. I have published a research with the GIS Geographic mapping tool about the prevalence of adolescent obesity in different socio-economic areas of the country.

I built guidelines and quality control for better nutritional treatment in Diabetes. This research was conducted in association with a Mediterranean research project implementing American guidelines in Israel, Turkey and Lebanon. I served as the Israeli PI and we published an article about this unique project.

I was nominated to be the Israeli member of the international committee for food labeling "Choices" and have published 2 articles about the assimilation of food labeling.

Another issue that interests me is identifying nutrition and health related risk factors in built environment that cause obesity and we received a grant from the ISF (Israel science foundation) for the study.

I am also involved in policy of nutritional and health promotion programs in various fields, such as:

1. Designing a program for pre-diabetes patients.
2. National program for the prevention of child obesity
3. Built environment and prevention of obesity.
4. Risk factors of built environment
5. Food security in Israel for better equality
6. E- health through lifestyle applications

In the future I plan to continue research into nutritional policy issues and services offering quality health promotion through nutrition.

In Preparation

Articles for Referred Journals

- 1* **Endevelt, R.**, Gesser-Edelsburg, A.. Antibiotics what the patients know.