

**CURRICULUM VITAE****1. Personal Details**

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**2. Higher Education**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Date of Degree</b>
1974-1977	School of Social Work University of Haifa, Israel	B.A.	1977
1978-1983	School of Social Work Graduate Clinical Program University of Haifa, Israel	M.A.	1983
1988-1993	Medical School Technion – Israel Institute of Technology, Haifa, Israel	D.Sc.	1993

<b>2A. <u>Continuing Education</u></b>			
1982-1985	Psychiatric Department Rambam Medical Center, Rappaport Medical School, Technion, Haifa, Israel	Qualified Psychotherapist	1985
1989-1990	Menninger Foundation School of Psychiatry, Topeka, Kansas, USA	Freedberg Fellowship Graduate	1990
1990-1991	Menninger Foundation School of Family Therapy, Kansas, USA	System-Bowen family therapy Graduate	1991
1989-1994	Israeli Association for Marital and Family Therapy & Family Life Education, IL	Qualified Family Therapist	1994
2001-2002	The Institute for Imago Relationship Therapy, Winter Park, FL, USA. [took place in Israel]	IMAGO Marital Therapist	2002
*2013	Institutional Society for Interpersonal Psychotherapy (took place in Iowa, USA)	Certified IPT therapist level A	2013
*2016	Motzly hospital, London, UK. Multi family therapy for EDs. (took place in Israel)	Certified MFT	2016
*2018	Institutional Society for Interpersonal Psychotherapy (Iowa, USA)	Certified IPT therapist level B and E	2018

### **3. Academic Ranks and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
1994-1998	University of Haifa, School of Social Work	Teaching Fellow
1998-2000	University of Haifa, Faculty of Social Welfare and Health Sciences, Social Work School	Lecturer (Proposed Specialist Track)
2001-2002	University of Haifa, Faculty of Social Welfare and Health Sciences, Social Work School	Lecturer (Specialist Track)
2002-2005	University of Haifa, Faculty of Social Welfare and Health Sciences, Social Work School	Senior Lecturer (Specialist Track)

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
2005-2009	University of Haifa, Faculty of Social Welfare and Health Sciences, Social Work School	Associate Prof. (Specialist Track)
2006-2008	Yeshiva University, Ferkauf Graduate School of Psychology, Einstein College of Medicine BX, NY, USA	Visiting Professor
2007-2008	Columbia University, Department of Health and Behavioral Studies, Program in Nutrition, NYC, NY, USA	Visiting Professor
2010	University of Haifa, Faculty of Social Welfare and Health Sciences.	Associate Professor (Research Track)
2011	University of Haifa, Faculty of Social Welfare and Health Sciences.	Tenure
2013	Yeshiva University, Ferkhauf Graduate School of Psychology, Einstein College of Medicine BX, NY, USA	Visiting Professor
<b>2014-</b>	<b>University of Haifa, Faculty of Social Welfare and Health Sciences.</b>	<b>Full Professor</b>
*2014	Hunter College- Silberman School of Social Work, NY, NY, USA Columbia University, TC NYC, NY, USA	Visiting Professor

**Note:** \* represent activities since appointment to full professor.

#### 4. Offices in University Academic Administration

##### University of Haifa

- 2005 -2006 Member of the University committee examining students with special needs regarding tuition fees.
- 2017- 2021 Member of the University Senate.
- 2017- 2021 Member of the University “Matmedet” committee.
- 2017- 2020 Member of the University “Prizes” committee.
- 2019- 2021 Member of the University Alon Prizes committee.

**Faculty of Social Welfare and Health Sciences, School of Social Work**

- 2000-2001 Member of Committee for the Status of Teaching Fellows.
- 2000-2002 Member of Admissions Committee – Retraining Program.
- 2004 -2007 Member of the Social Work Awards Committee for Excellent M.A. Thesis.
- 2003-2008 Chairperson of the Committee for the Establishment of an M.A. Program for Nutrition, Health and Behavior.
- 2003-2006 Head of Family Studies in M.A. program.
- 2008-2009 Head of Clinical Studies in M.A. program and M.A. Committee.
- 2010-2011 Head of Trauma Studies in M.A. program and M.A. Committee.
- 2011-2013 Head of Clinical Studies in M.A. program and M.A. Committee.
- 2015-2019 Head of Ultraorthodox Academic Studies in Clinical M.A. program and M.A. Committee, Mivchar”.
- 2019- Head of School of Social-Work.

**Faculty of Social Welfare and Health Sciences, School of Public Health**

- 2008-2013 Head of new M.A. program: Nutrition Health and Behavior.
- 2010- Chairperson and member of Senior Lecturer, Associate and full Professor nomination committees.
- 2010-2019 Member of Ph.D committee, School of Public Health.
- \*2017-2019 **Head of research of rehabilitation and human development center.**

**Faculty of Social Sciences, Department of Psychology**

- 2009 Member of Senior Lecturer nomination committee, Department of Psychology, Faculty of Social Sciences, Haifa university, Haifa.

**Other Universities and Colleges**

- 2002- Reviewer of MD and PhD dissertation proposal and member of the Final Examination Committee, Faculty of Medicine, Technion, Haifa, Bar-Ilan University, Tel Aviv university, Hebrew university, Israel, Ben-Gurion university, Rupin College, Sidney University, Australia, Columbia university, NY, NY, Yeshiva university, NY USA and more.
- \*2005- Chairperson and member of Senior Lecturer, Associate and Full Professor Nomination Committees, Ben-Gurion University, Haifa university, Emek Yezreel College, IDC, Rupin, Bar-Ilan, Hebrew university, tel Aviv university, Columbia university, NY, Yeshiva University, NY, university of Minnesota Minneapolis, USA and more.

## 5. Scholarly Positions and Activities outside the University

### Guest Editor / Reviewer of Journals and Grant Proposals ( partial list)

- 2000- Reviewer of grant proposals.  
2000 **Guest Reviewer** of “Harefuah” Journal of the Israel Medical Association, The Israeli Journal of Occupational Therapy, The Israeli Journal of Psychiatry, Israeli Journal of Nutrition, “Sihot”– Israeli Journal of Psychotherapy, ,“Mifgash” – Israeli Journal of Welfare and Education, “IMAJ” – The Israel Medical Association Journal, Psychology of Religion and Spirituality, BMC psychiatry journal, and more.
- 2003- **Invited Guest Editor** of the *Israeli Journal of Psychiatry*, for a special issue on Eating Disorders, for two special issues on Eating Disorders, *International Journal of Child and Adolescent Health*, *International Public Health Journal*.
- 2010- **Invited Editorial board member** of the *Journal of Eating Disorders, Research and Practice*. The *Journal Food and Nutrition Sciences* (FNS) in the field of Eating Disorders, *Psychiatry Journal*, *Frontiers in public health*.
- 2010 **Invited discussant on the** Cultural Psychiatry Course, as an expert in eating disorders in a special case study on an orthodox Jewish girl with anorexia nervosa. Course offered to PGY-2 adult psychiatry residents at Columbia University, Department of Psychiatry, NYC, USA.
- 2016-2018 **Invited Guest Editor** of the *Israeli Journal of Psychiatry*, for 2 special issue on Eating Disorders.
- 2017-2019 **Invited Guest Editor** of the *Journal of Clinical Psychology, NY, USA*, for special issue on Eating Disorders.
- 2020-2021 **Invited Guest Editor** of the *Journal of Clinical Medicine, NY, USA*, for special issue on Eating Disorders.

### Research Collaborations

- 2003-2006 Participated in a multi-centered research project, in collaboration with Hadassa Ein-Carem Medical Center, Jerusalem, on the subject of "Canabinoid in the treatment of Anorexia Nervosa".
- 2004-2006 Participated in a multi-centered research project led by Dr. Giovanni Maria Ruggiero from Milan, Italy, in collaboration with the Mediterranean Eating Disorders work group, on the subject of "Cultural Values and Eating Disorders".
- 2006-2008 Collaborated on a research project on Night Eating Disorders, at the Obesity Research Center at St. Luke's Roosevelt Hospital Center, Columbia University, Manhattan, NY USA. Additionally teaching and supervising CBT for BED and Obesity to research student.
- 2007- Collaborating on a multi research project with Dr. Kelly Allison, from University of Pennsylvania, School of Medicine Center for Weight and Eating Disorders; Philadelphia, USA with Dr. Jennifer Lundgren from the University of Missouri, Kansas City, USA Prof. Orna Tschishinsky from Emek-Yezreel College and sleep laboratory Technion Haifa on Night Eating Syndrome among patients with eating disorders.
- 2007-2010 Participating on a research project with Dr. Gerson and Dr. Silver from Yeshiva University, Ferkauf Graduate School of Psychology. BX, NY, USA. The study aims to explore the presence of disordered eating pathology among Orthodox females completing their senior year in high school with plans to spend a year in Israel.
- 2007-2013 Collaborating on a research project, with the Department of Psychology, Department of Pediatrics School of Medicine, Virginia Commonwealth University, Richmond, Virginia, USA on "Childhood and Adolescent Obesity". Recently received a joint research proposal from NIH.
- \*2011-2014 Collaborating with Dr. Catherine Steiner Adair (from the Harvard University, USA) on the application of the Eating Disorders Prevention Program, for Israeli adolescent females.
- \*2012-2013 Collaborating on a multi research project with Dr. Pier, from University of, School of Medicine Center for Weight and Eating Disorders; Philadelphia, USA with Dr. Michael Howell from the University of Missouri, Kansas City, USA Prof. Orna Tschishinsky from Emek-Yzreel College on Sleep related Eating Disorders and Night Eating Syndrome. Presenting symposiums in conferences.
- \*2013-2014 Collaborating on a multi mental health project (WHO) with Dr. Kathleen Pike, from Columbia University, NY, USA.
- \*2013- Collaborating on a multi research project, on religious coping and EDs, with Prof. Sarah Weinberger- Littman, Mary mount College, NY, USA.

- \*2014- Collaborating on a multi centered project, psychological predictors of bariatric surgery outcome, with Prof. Harry Kissileff, Columbia University, Obesity research center, NY NY USA.

### Special Projects

- 1997-1999 Served as Supervisor and Superintendent at the Center for Treatment and Rehabilitation of Eating Disorders, "Amit", Givat Haviva.
- 1998-1999 Created an intervention model of collaboration between the Eating Disorders Clinic and a community clinic for family practitioners.
- 1999-2001 Established an EDs division for an Israeli first-aid hotline 'ERAN' for callers suffering from eating disorders through collaboration between 'ERAN' and the EDs Clinic in Rambam Medical Center.
- 2000 Participated in the establishment of the Israeli Association for Prevention, Research and Treatment of Eating Disorders.
- 2001-2003 Created and implemented a new therapeutic model, "Conflict- Oriented Cognitive Behavioral Therapy", for patients suffering from Bulimia.
- 2003 Created and introduced two treatment models at the Eating Disorders Clinic in the Rambam Medical Center: 1. *Waiting list group* for eating disorder patients waiting for treatment; 2. *Support and psycho-educational group* for parents with children with eating disorders.
- 2003-2006 Member of the International Task Force of the Academy of EDs, USA.
- 2004 Organized a one-day seminar for therapists at the Eating Disorders Clinic, Rambam Medical Center, in collaboration with the Eating Disorder Unit, Davidson Clinic, Ra'anana Shalvata Mental Health Center – on: "Treating patients with chronic Eating Disorders," with keynote speaker Prof. Alan Kaplan, Head of the Eating Disorders Unit, Toronto, Canada. 29 June 2004.
- 2005-2006 Created, implemented and led a new therapeutic model for chronic patients who suffer from Anorexia and Bulimia Nervosa, at the EDs Clinic in the Rambam Medical Center (a project in collaboration with the Eating Disorders clinic in Shalvata Medical Center).
- 2007-2013 Established an academic collaborative relationship between Ferkhau Graduate School of Psychology and Medical School, Yeshiva University, BX, NY USA and the Faculty of Social Welfare and Health Sciences, University of Haifa. Presidents and Deans signing ceremony took place June 22nd 2009 at the University of Haifa.

- 2007-2008 Advisor and collaborator in the creation of a compelling documentary film on EDs for adolescent females from the orthodox community in NY. The documentary is an educational awareness project conducted by Elisheva Diamond and sponsored by the Orthodox Union, NYC, NY, USA. The film was premiered and shown at the OU Convention on November 27, 2008, at the Ramada Renaissance in Jerusalem.
- 2009-2013 Founder, creator and professional sponsor of "Zeyda Laderech" an innovative communal project supported by the National Insurance Institute of Israel (for three years). The project is a special rehabilitation house for recovered ED patients, located in Ramat Yishay, Israel. The house was opened in July 2009.
- 2011-2012 Advisor and collaborator to the Knesset Minister Dr. Rachel Adapt, Chair of the Health Lobby at the Knesset who has been working to pass a new Bill through the Israeli parliament. I have been part of the process from the outset, providing both evidence-based data and clinical input to a number of Members of Parliament. The new legislation prohibits the appearance of underweight models (defined as having a BMI of 18.5 or lower) in commercial advertising, (on billboards, TV commercials, newspaper ads, and so on). The new law further requires that if a graphic editing program has been used to reduce the dimensions of a model appearing in advertising photographs, this fact must be clearly indicated. The new Bill has international significance as it may pave the way for similar Bills in other Western countries. This Bill has the potential to make a difference for public health, as it may lead to a breakthrough in the prevention of Eating Disorders.
- \*2013- Advisor and collaborator to the Knesset Minister, Chair of the Health committee at the Knesset who has been working to promote more hospitalization settings for patients in Israel as well as to pass the law regarding compulsory treatment for eating disorders.
- \*2019- Volunteering in "Bashaar", community and academy, lecturing for the community on topics related to my expertise.
- \*2019- Volunteering in "Enosh", to establish special project for creation a information center for patients with EDs and their families as well as to establish special rehabilitation house for patients with severe and enduring Eating Disorders.
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| *2019- | Translation into Hebrew the IPT protocol for students, with experts on IPT, after receiving permission from the founders. |
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### Management and Supervision



- 1992-2016 Founder of the Eating Disorders Clinic, Psychiatric Division, Rambam Medical Center; appointed Director in 1994. Responsibilities include initiating and coordinating clinic policies, creating protocols for treatment and research, serving as both manager and clinical and administrative coordinator: involving assessment, treatment, consultation, supervision, seminars, lectures and research, national and international collaborations.
- 2003- 2009 Developed and supervised a training program in the treatment of Eating Disorders for therapists at the Eating Disorders clinic, Rambam Medical Center.
- 2009-2013 Developed and supervised the staff member of the rehabilitation home for recovered Eating disorders young females.

### **Seminars' Organization**

- 1993 Organization of one-day seminars for family practitioners on “Eating Disorders: etiology, clinical aspects, risk factors and prevention. Haemek Hospital, Afula.
- 1994 Eating Disorders Clinic, Rambam Medical Center – Organization of one-day seminars for teachers and school counselors on “EDs among adolescents: etiology, clinical treatment and prevention”.
- 2000 Organization of a one-day seminar for nurses on “Eating disorders: clinical historical etiology and risk factors”. Held at Dr. Seide School of Nursing, Bnai-Zion Medical Center, Haifa, Israel. 17 May 2001.
- 2000 Organization of two seminars for the Israeli Association for Marital and Family Therapy & Family Life Education on “A Family perspective of EDs ” At Tal Hotel, Tel Aviv; and “Family therapy for EDs” at the University of Haifa.
- 2000 Organization of a one-day seminar for therapists in the community with Dr. Catherine Steiner-Adair, Psychologist, Director of Unit for Prevention and Education at the Eating Disorders Center, Harvard University, Boston, MA, USA. Eating Disorders Clinic, Rambam Medical Center in collaboration with Israeli Women’s Lobby.
- 2005 Organization of a one-day seminar for therapists at the Eating Disorders Clinic, Rambam Medical Center, on: “Treating special populations who suffer from eating disorders” 4 April 2005.
- 2005 Organization of a one-day seminar for therapists at the Eating Disorders Clinic, Rambam Medical Center, on: “Cognitive Behavior Therapy for patients with Eating Disorders,” with keynote speaker Dr. Daniel Stein,

Head of the Psychosomatic Unit for Children and Adolescents, Sheba Medical Center, Tel Hashomer. 14 February 2005.

- 2006 Organization of a one-day Seminar for therapists, at the Eating Disorders Clinic, Rambam Medical Center, on: "Sexual Abuse and Eating Disorders", in collaboration with Bney Zion Hospital Sexual Abuse Clinic staff, June 2006.
- 2006 Organization of a one-day Seminar for therapists, at the Eating Disorders Clinic, Rambam Medical Center, on: "A Continuum Treatment for Eating Disorders: Hospitalization to Outpatient. Collaboration with Nahariya Hospital, Children's Unit, Nahariya, Israel, February 2006.
- 2008 Organization of a one-day Seminar for therapists on: "Family Treatment and Eating Disorders", - a collaboration between Eating Disorders Clinic, Rambam Medical Center, and Eating Disorders clinic Hanotrim, Shalvata medical Center. October 6, 2008.
- \*2011 Organization of a one-day Seminar on: "Eating disorder new understanding of treatment and rehabilitation". Rambam Medical Center, Annual Mental health day Dec 15 2011.

#### Other Professional Positions

- 2000-2004 Chairperson of the Ethical Committee of the Israeli Association for Marital and Family Therapy & Family Life Education.
- 2000-2001 Member of the sub-committee of Women's Mental Health in the National Committee for Women's Health, Ministry of Health, Health Care Division, Department of Social Work.
- 2002-2003 Chairperson of the Media Committee of the Israeli Association for Prevention, Research and Treatment of Eating Disorders.
- 2003-2005 Elected Chairperson of the Admissions Committee of the Israeli Association for Prevention, Research and Treatment of EDs
- 2005-2010 Elected **President** of the Israeli Association for Prevention, Research and Treatment of EDs.
- 2006 Member of "objectives for 2020's" committee to create objectives for the treatment and prevention of ED, Ministry of Health.
- 2006 Member of the scientific committee for the 2006 International Conference of EDs in Barcelona, Spain, Academy of EDs.

- 2008 Member of Ministry of Health's committee to develop a manual for day treatment for children and adolescents suffering from EDs in Israel.
- 2009-2013 Member of the Sisterhood and Chapter Committee of the International Academy for EDs.
- 2010 Co-chair and speaker at a two-day international research meeting in Milan (Italy) entitled "Sociocultural and political predictors of the new radicalism in young European immigrants" (March 19-20 2010). The conference took place in Milan at the institute "Studi Cognitivi" Foro Buonaparte 57 20121 Milan, Italy.
- \*2010-2012 Chair of study and working group on nutrition and behavior, at the Childhood Obesity Prevention Program in Haifa, to develop the model for a healthy and active city.
- \*2017- 19 Member of the Israeli national council for the advancement of health and for nutrition eating behavior and gastrointestinal health.
- \*2018- Member of international committee of the European Eating Disorders Chapter: Academy of Eating Disorders.
- \*2018- Member of the Israeli national council for the treatment and rehabilitation of patients with mentally illness.

### **Membership in Professional Organizations**

- 1978 - Israeli Association for Social Work (IAED).
- 1992 -2006 Israeli Association for Marital and Family Therapy & Family Life.
- 1995 - Academy for Eating Disorders, Division of Adolescent Medicine, Montefiore Medical Center, New York, USA.
- 2002 - Israeli Assoc. for Prevention, Research and Treatment of EDs (AED).
- 2003-2006 International Family Therapy Association (IFTA).
- 2005 - Eating Disorders Research Society (EDRS).
- 2019 - international association of interpersonal psychotherapy (IPT).

## 6. Participation in Scholarly Conferences

### a. Active Participation

#### International Conferences

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
1.	April 1996	The 7 <sup>th</sup> New York International Conference on Eating Disorders	New York, USA	<ul style="list-style-type: none"> <li>i. EDs and unsatisfactory means of weight control in adolescent girls (Oral presentation).</li> <li>ii. Communication processes and inter-family patterns in the perpetuation of Anorexia Nervosa (Oral presentation).</li> </ul>
2.	April 1998	The 8 <sup>th</sup> New York International Conference on Eating Disorders	New York, USA	<ul style="list-style-type: none"> <li>i. Eating attitudes among religious, urban and kibbutz adolescents in Israel: A comparative study (Oral presentation).</li> <li>ii. Sleep-wake cycles in women with Binge Eating Disorders (Oral presentation).</li> <li>iii. Naturalistic sleep monitoring in Bulimia Nervosa women (Oral presentation).</li> <li>iv. A randomized controlled study of two psychological therapies: Self- psychology and cognitive orientation in the treatment of EDs (Oral presentation).</li> </ul>
3.	April 1999	The European International Conference of Eating Disorders	The New Connaught Rooms, London, UK	Calls to an Israeli hotline from individuals who suffer from eating disorders (Poster).

	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
4.	May 2000	The 10 <sup>th</sup> International Conference on Eating Disorders	New York, USA	<ul style="list-style-type: none"> <li>i. Nocturnal EDS: Sleep disorders or Eating Disorders? (Poster).</li> <li>ii. Calls to the Israeli Hotline from individuals with EDs: An epidemiological study (Oral presentation).</li> <li>iii. Sleep-wake monitoring in women with Aorexia(Oral presentation).</li> <li>iv. Attraction to death and rejection of life in EDs patients (Poster).</li> </ul>
5.	April 2001	European International Conference of Eating Disorders	The New Connaught Rooms, London, UK	<ul style="list-style-type: none"> <li>i. Help seeking characteristics of callers with EDs to the Israeli Hotline (Poster).</li> <li>ii. Attachment style and family environment in Eating Disorders (Poster).</li> </ul>
6.	May 2001	International Conference of Pediatrics: "The Promised Childhood"	Plaza Hotel Jerusalem, Israel	<ul style="list-style-type: none"> <li>i. The effect of Anorexia on the patient's sister (Oral presentation and <b>Chairperson of panel</b>).</li> <li>ii. Vegetarianism: Risk factor in EDs (Oral presentation).</li> <li>iii. Multidisciplinary approach to EDs (Oral presentation).</li> </ul>
7.	June 2001	The 4 <sup>th</sup> European family therapy association (EFTA) Conference	Budapest, Hungary	<ul style="list-style-type: none"> <li>i. Attachment style and family functioning as discriminating factors in EDs (Poster).</li> <li>ii. The effect of Anorexia on the patient's sister within the family (Poster).</li> </ul>
8.	Sep 2001	The 15 <sup>th</sup> International Symposium on Night and Shift Work	Hyama, Japan	Eating habits in day and shift workers. (Poster).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
9.	April 2002	International Conference on Eating Disorders: "New Aspects of Gender in Eating Disorders"	Boston Park Plaza Hotel, Boston, MA, USA	<ul style="list-style-type: none"> <li>i. EDs callers to the Israeli hotline (Poster).</li> <li>ii. Attachment style and family functioning in EDs (Oral presentation).</li> <li>iii. Treatment of overweight children: Parents-focused approach (Poster).</li> <li>iv. Attachment styles and object relations in EDs (Oral presentation).</li> </ul>
10.	June 2002	The 16 <sup>th</sup> Congress of the European Sleep Research Society	Reykjavik, Iceland	Nocturnal eating disorders among patients with Bulimia Nervosa and Obesity (Poster).
11.	8-10 May 2003	International Conference of Family Therapy (IFTA): "Resisting Abuse – From Shame to Self-empowerment"	Convention Center Bled, Slovenia	<ul style="list-style-type: none"> <li>i. Attachment style and family functioning in patients with EDs (Oral presentation).</li> <li>ii. Insecure attachment style and repulsion by life and death in patients with EDs (Oral presentation).</li> <li>iii. Couple functioning of parents of adolescents with EDs (Oral presentation).</li> </ul>
12.	1-4 Oct 2003	Eating Disorders: From Psychopathology to Biology and Vice Versa. Eating Disorders Research Society	Hotel Rufolo Ravello, Italy	<ul style="list-style-type: none"> <li>i. Nocturnal eating: Prevalence, features and night sleep among patients with BED and bulimia nervosa in Israel (Poster).</li> <li>ii. Couple functioning of parents of EDs (Poster).</li> </ul>
13.	17-21 Nov 2003	The 16 <sup>th</sup> International Symposium of Night and Shift- work	Santos Brazil	Eating habits among shift-work nurses in Israel (Poster).
14.	Feb 2004	Pediatric Sleep Medicine	Florida, USA	Sleep-wake cycles in obese children with and without binge eating (Oral presentation).

	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
15.	24-27 March 2004	International Consensus Development: Childhood Obesity	Caesar Hotel Dead Sea, Israel	<ul style="list-style-type: none"> <li>i. Psychological Issues – <b>Chairperson</b> of Psychology group panel.</li> <li>ii. Psychological aspects of Childhood obesity (Oral presentation).</li> </ul>
16.	29 April - 2 May 2004	International Conference on Eating Disorders	Carib Royal Resort Orlando, FL, USA	<ul style="list-style-type: none"> <li>i. Couple functioning of parents of adolescent girls with EDs (Poster).</li> <li>ii. Cerebral hemispheric function in women with EDs (Poster).</li> <li>iii. Outpatient EDs clinic: A multidisciplinary approach to assessment, treatment, and research in Israel (Workshop).</li> <li>iv. A map of the epidemiology, the socio-cultural risk factors, and the major therapeutic issues of EDs in countries of the Middle East, the Mediterranean area, and the Latin American area (Workshop).</li> <li>v. Diagnosis, Classification and Measurement- <b>Chairperson for the paper session.</b></li> </ul>
17.	16-19 June 2004	35 <sup>th</sup> Annual Meeting, Society Psychotherapy Research (SPR)	Aurelia Convention Center Rome, Italy	<ul style="list-style-type: none"> <li>i. EDs in the Mediterranean area: socio cultural factors (<b>Discussant of panel</b>).</li> <li>ii. Eating disorders in Israel (Oral presentation).</li> <li>iii. Attachment criticism and obsessionality in the psychopathology of EDs and worry (<b>Discussant of panel</b>).</li> <li>iv. Attachment styles and EDs (Oral presentation).</li> </ul>

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
18.	10-13 Sep 2004	Conference of the European Society of Pediatric Endocrinology (ESPE)	Messa Basel Convention Center, Basel, Switzerland	Sympathetic (SNS) response to stress in morbidly obese adolescents (Poster).
19.	5-9 Oct 2004	17th congress of the European Sleep Research Society	Prague Congress Center, Prague, Czech Republic	Sleep-wake cycles in obese children with and without Binge Eating (Poster).
20.	7-9 Oct 2004	10th Annual Meeting of the Eating Disorders Research Society	Amsterdam, Netherlands	<ul style="list-style-type: none"> <li>i. Insecure attachment style and repulsion by life and death in EDs (Poster).</li> <li>ii. Socio-cultural profile of clients seeking treatment in two large EDs outpatient clinics in Israel (Poster).</li> </ul>
21.	27-30 April 2005	AED 2005 International Conference on Eating Disorders	Hilton Montreal Bonaventure, Montreal, Canada	<ul style="list-style-type: none"> <li>i. Parents-focused Group – treatment for patients with EDs (Workshop).</li> <li>ii. To be or not to be: Attachment to life in EDs (Oral presentation).</li> <li>iii. Characteristics of patients who seek treatment for EDs: A descriptive epidemiological study (Oral presentation).</li> </ul>
22.	18-21 Aug 2005	APA Annual convention	Convention Center Washington DC, USA	To live or not to live: Attachment style and repulsion by life in EDs (Poster).



	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
23.	5-9 Sep 2005	ECED European Council on Eating Disorders	Convention Center Innsbruck, Austria	i. Treatment focused on the parents in EDs (Workshop). ii. A descriptive study of patients who seek treatment for EDs (Oral presentation).
24.	7-10 June 2006	ICED 2006 International Conference on Eating Disorders Eating Disorders Throughout the World: Exploring Similarities and Differences	Pira Palace Hotel Barcelona, Spain	Paper Session II: Prevention <b>(Chairperson of panel)</b> i. Prevention Update: An International Perspective: Socio-cultural influences on eating-related attitudes and behaviors and primary prevention attempts in Israel (Sig. Group Oral presentation). ii. Sleep wake cycle in obese adolescent with and without BED (Oral presentation). iii. Bulimia Nervosa and substance abuse: Are they really different? (Oral presentation).
25.	28-31 August 2006	33rd world congress of schools of social work: Growth and inequality	Plaza Hotel, San Tiago Chile	Disordered Eating Attitudes and Behaviors in a varied group of Israeli (Oral presentation)
26.	2-5 May 2007	ICED 2007 International Conference on Eating Disorders Eating Disorders Throughout the World: Exploring Similarities and Differences	Marriott Waterfront Hotel Baltimore , Maryland USA	i. Disordered Eating Related Behaviours among Arab Schoolgirls in Isreal: an Epidemiological Study (Oral presentation). ii. The Dark Side of Food: Diagnosis, Psychopathology and Treatment of Night Eating Syndrome (Workshop).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
27.	20-23 June 2007	6th Annual Conference of International Society of Behavioral Nutrition and Physical Activity (ISBNPA)	Conference Center Oslo, Norway	i. <b>Symposium Presentation:</b> Parental Feeding Style and Weight-Related Problems. ii. Secure attachment feeding-relationship within family environments of patients with EDs.
28.	20-25 Oct 2007	NAASO, (North American Association for the Study of Obesity). The Obesity Society Annual Meeting.	Conference Center New Orleans, Louisiana, USA	i. Negative Emotional Eating in Obese Night Eaters and Binge Eaters (Poster). ii. Sleep-Wake Cycles in Obese Children with and without Binge Eating Episodes (Poster).
29.	25-27 Oct 2007	EDRS Eating Disorders Research Society, annual meeting	Pittsburgh, Pennsylvania, USA	i. Cultural Values: Traditional vs. Modern as Related to Disordered Eating Behaviors and Pathology in Israel (Poster). ii. The Relationship Between Depression and Anxiety and the Use of Impulsive and Obsessive-Compulsive Mechanisms Among Eating Disorders Patients (Poster).
30.	15 - 17 May 2008	ICED 2008 International Conference on Eating Disorders	The Westin Seattle Seattle, Washington, USA	i. Mothers with EDs: Maternal Functioning & Mother-Child Interactions (Oral presentation). ii. Negative Emotional Eating in Obese Night Eaters and Binge Eaters (Oral Presentation).
31.	7-12 June 2008	APSS 22 <sup>nd</sup> Annual meeting of the Associated Professional Sleep Societies,	Baltimore Convention Center, Baltimore, Maryland, USA	Sleep Wake Cycle among BN and BED patients who suffer from Night Eating Syndrome. (Poster).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
32.	19-20 Sep 2008	II Annual Hungarian ED Congress	Novotel Centrum hotel, 1088 Rakoczi Ut. Budapest	Multidisciplinary model for the treatment of EDs (Workshop).
33.	16-18 Oct 2008	The 16 <sup>th</sup> international conference of Eating Disorders	Congress Center, Alpbach, Tirol, Austria	<ul style="list-style-type: none"> <li>i. The key for your daughters' improvement is in your hands: parents group for EDs patients (Workshop).</li> <li>ii. Level of religiosity and EDs behavior among orthodox Jewish adolescent girls in Israel. (Oral presentation).</li> <li>iii. Sisters of women with EDs: neuron-cognition and personality (Oral presentation).</li> </ul> <p><b>Chairperson of panel on Psychopathology.</b></p>
34.	26-27 Jan 2009	International Conference of Eating Disorders and Obesity	Kibbutz Maale-Hachamisha, Israel.	<p><b>Chairperson of conference</b> <b>Chairperson of panel on treatment.</b></p> <ul style="list-style-type: none"> <li>i. Rehabilitation house for recovered patients of EDs, <b>(Keynote lecture)</b>.</li> <li>ii. Not without my daughter: The family's role in the recovery from Anorexia (Oral presentation).</li> <li>iii. Waiting List Group for EDs – from 'Visitor' to Patient (Oral presentation).</li> </ul>

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
35.	27-29 Sep 2009	EDRS Eating Disorders Research Society, annual meeting	Marriott Hotel, Brooklyn, New-York , USA	<ul style="list-style-type: none"> <li>i. Eating Habits, sleep patterns and Electronic Media Exposure among Israeli adolescents (Poster).</li> <li>ii. Insight into Illness and Metacognition in Anorexia: Acute versus Remitted Patients (Poster).</li> <li>iii. Sleep Wake Cycle and Psychopathology in Individuals with Night Eating Syndrome: Communal Sample(Poster).</li> <li>iv. Skeletal Involvement in Eating disorders (Poster).</li> </ul>
36.	28-31 Aug 2010	ESC Congress European Society of Cardiology	Stockholm, Sweden Conference convention	Childhood obesity: What can we do? Change their mind - family therapy ( <b>Invited Keynote lecturer</b> ).
37.	14-18 Sep 2010	European Conference of Sleep Research Association	Conference center Lisbon, Portugal	Subjective and objective sleep patterns in individuals with Night Eating (poster).
38.	28-30 April 2011	ICED 2011 International Conference on Eating Disorders	Intercontinental Hotel , Miami, Florida, USA	Night Eating Syndrome among patients with EDs (Oral presentation).
39.	22-24 Sept 2011	EHPS 2011 European Health psychology Society	Creta Maris conference center, Crete, Greece	Family therapy- Training parents to treat childhood Obesity (Symposium).
40.	9-14 June 2012	Annual Sleep Association	Hynes Convention Center, Boston, MA USA	Night eating syndrome in patients with EDs (Poster).
41.	Sept 14-15 2012	International Conference of EDs, Hungarian Association of EDs	Corso Hotel Pecs, Hungry	The Dark side of Eating: Night eating Syndrome ( <b>Invited Keynote lecture</b> ).
42.	19-22 Sept 2012	EDRS Eating Disorders Research Society, annual meeting	Porto, Portugal	Macronutrient, calorie intake and psychological stress among women with and without Night eating Syndrome (Poster).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
43.	3-5 Feb 2013	International conference of ED Treatment Modalities for EDs- led by the Israeli society of EDs	Ramada Hotel Jerusalem, Israel.	<b>Chairperson of conference</b> <b>Chairperson of panels.</b> i. CBT for night eating syndrome (Workshop). ii. Disordered Eating among Israeli adolescents: the role of empowerment (Oral presentation). iii. Compulsory treatment in EDs (Oral presentation).
44.	3-5 May 2013	ICED 2013 International Conference on Eating Disorders	Montreal, Canada	Night Eating Syndrome among patients with EDs (Workshop).
45.	13-15 June 2013	5th International Conference on Interpersonal psychotherapy ISIPT	Iowa city, Iowa, USA	Treatment of BN: Integrating interpersonal aspects to dynamic and CBT approaches (poster).
46.	23-24 August 2013	ANZAED 2013 Australian Conference on Eating Disorders	Intercontinental Melbourne, Australia	Night Eating Syndrome: SRED, EDs and sleep Disorders. (Workshop).
47.	19-21 Sept 2013	EDRS Eating Disorders Research Society, annual meeting	Bethesda, Maryland, USA	Media exposure disordered eating and sense of empowerment in adolescent girls: the role of parental involvement (Poster).
48.	8-10 Dec. 2013	JOFA 8 <sup>th</sup> conference of feminism and Orthodoxy	John Jay College NYC NY USA	Mirror image: EDs in the Jewish Orthodox Community, (Oral presentation and <b>Co-Chair Symposium</b> ).
*49.	3-5 May 2014	ICED 2014 International Conference on Eating Disorders (Forthcoming)	New York NY USA	<b>i.</b> Psychopathology and sleep disturbances among EDs patients with and without NES (Poster). <b>ii.</b> Compulsory treatment in patients with EDs (Poster). <b>iii.</b> The relationship between Media exposure and EDs in adolescent girls: The parents' role (Poster).

	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
*50.	9-11 June 2014	Third international conference on practice research	Silberman School of Social Work, Hunter, NY, NY	Compulsory treatment in patients with AN: retrospective study (Oral presentation).
*51.	Nov. 2014	Annual conference on ED, Renfrew	Washington DC USA	Extrinsic Religious Orientation and Disordered Eating Pathology among Israeli Adolescents: The Mediating Role of the Superwoman Ideal (Poster).
*52.	March, 22-25, 2015	Annual conference on World Association Of Sleep Medicine Foundation,	Convention center Soule, Korea	Night Eating Syndrome (Workshop- Chair and lecture).
*53	April , 13, 2015	Summit Obesity	London, UK	Prevention of childhood obesity ( <b>Invited Keynote lecture and Chairperson of day 1</b> ).
*54.	April, 23-25 2015	ICED 2015 International Conference on Eating Disorders	Marriott Copley place Hotel, Boston, MA USA	Dietary Patterns of Patients with Binge Eating Disorder or Bulimia Nervosa, with and without Night Eating Syndrome (poster). Israel Association of EDs: treatment and research (workshop).
*55.	June 10-12 , 2015	Sixth international interdisciplinary conference on nutrition and nurture in infancy and childhood – MAINN.	The Grange Hotel Conference Centre, Grange Over Sands, Lake District, UK University of Central Lancashire	Effect of very early parent training on feeding interaction and infant eating habits at 12 month (Oral presentation).

	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
*56.	August 31 <sup>st</sup> - September 3 <sup>rd</sup> , 2015	45 <sup>th</sup> Annual EABCT International conference on CBT, European Association for CBT .	Jerusalem, Israel	CBT among patients with EDs (Invited Keynote lecture and Chairperson of day on EDs).  IPT Discussant of panel
*57.	September 17-19 2015	EDRS 2015 International Conference on research on Eating Disorders	Taormina, Sicily, Italy	Nutrition behavior and macronutrient in Patients with Binge Eating behavior, with and without Night Eating Syndrome (poster).
*58.	March, 22-25, 2015	Annual conference on World Association Of Sleep Medicine Foundation.	Convention center Taipan, Taiwan	The relationship between childhood obesity and sleep disorders ( <b>Symposium organizer and lecturer</b> ).
*59.	May, 11-13, 2016	ICED 2016 International Conference on Eating Disorders.	Hyatt Regency Hotel San Francisco, USA	Religiosity and EDs ( <b>workshop</b> ). Compulsory treatment in Israel ( <b>workshop</b> ).
60*	May 2016	IMFAR Baltimore	Baltimore MD USA	The Relationship Between Food Selectivity, Gastrointestinal Dysfunction and Biomarkers in Autism Spectrum Disorder (poster)
61*	May 23-25, 2016	The 6 <sup>th</sup> international Jerusalem conference on health policy	Jerusalem, Israel	Effect of very early parent training on feeding interaction and infant eating habits at 12 month (poster).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
*62	June 21-25 2016	47 <sup>th</sup> International SPR conference of the Society for psychotherapy	Jerusalem, Israel	Pre conference workshop: IPT with EDs



	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
*63.	October 27-30 2016	EDRS 2016 International Conference on research on Eating Disorders	NY, NY, USA	<p>Effect of very early parent training on feeding interaction and infant eating habits at 12 months (oral presentation).</p> <p>Disordered eating pathology in Israeli adolescent's girls: the role of sense of coherence (poster).</p> <p>Disordered eating pathology in adolescent's boys in Israel: the role of sense of coherence (poster).</p>
*64	March, 24-25, 2017	International conference of interdisciplinary management of Diabetes Mellitus and its complication	INTERDIAB, Bucharest, Romania	The co-occurrence of Diabetes Mellitus type I and eating disorders (oral presentation)
*65	May 17-20, 2017	ECO2017 - the 24th European Congress on Obesity	Porto Portugal	Disordered eating, weight and shape concerns among bariatric patients and controls"(poster)

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
*66	May 22-24, 2017	4th International conference on practice research	Polytechnic university, Hong-Kong	<p>Eating pathology in Israeli adolescent is girls: the role of sense of coherence and body image (poster).</p> <p>Disordered eating pathology in adolescent's boys in Israel: the role of sense of coherence (poster).</p> <p>Psychological distress in sisters of patients with EDs (oral presentation)</p> <p>Improved mother infant feeding interaction (MI-FI) at 12 month with very early parent training (oral presentation).</p>
*67	June 8-10, 2017	ICED 2017 International Conference on Eating Disorders.	Convention center Prague	<p>Eating pathology in Israeli adolescent is girls: the role of sense of coherence and body image (poster).</p> <p>Disordered eating pathology in adolescent's boys in Israel: the role of sense of coherence (poster).</p>
*68	June, 14-17, 2017	ISIPT 7th conference of interpersonal society of IPT	Toronto, Canada	Interpersonal functioning of bariatric candidates compared to a control group (poster).
*69	Sept. 7-9, 2017	ECED, European conference of Eating Disorders.	Artis Hotel, Vilnius , Lithuania	“A full stomach”: Eating disorders among Ethiopian immigrants in Israel, (Symposium).

	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
*70	8-10, March, 2018	The 1 <sup>st</sup> international conference of the European chapter-Academy for Eating Disorders	Viale Dell' Universita, 20, Rome, Italy	Rehabilitation house for young adult individual with EDs; innovative prevention relapse. <b>(Key note lecture).</b>
*71	13-15 August, 2018	International Conference of Pediatrics and Neonatology Research, ICPN	Holiday Inn, Pisana, Rome, Lazio, Rome , Italy	Parents are the key players in treatment of childhood obesity, <b>(Key note lecture and chairperson of panel).</b>
*72.	14-16 March 2019	ICED 2019 International Conference on Eating Disorders	NY, NY, USA	Eating disorders among Ethiopian immigrants in Israel: new treatment approach (poster).  DEP in adolescent girls from dance schools, poster).
*73	1-4 May 2019	Annual meeting International Society for Autism research INSAR	Montreal, Canada	Eating Problems and patterns among toddlers and young boys with and without ASD (Poster).
74	Sept 2019	Annual meeting Eating Disorders Research Society	Chicago, USA	Validation of a novel instrument to assess eating pathology after bariatric surgery (poster).
74	12-14 Sept 2019	Annual meeting European Eating Disorders Society	Paris, France	Treating Ultra-Orthodox Adolescents with Eating disorders in Israel: Difficulties, and Dilemmas. (Oral presentation).

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
75	December , 2019	Annual meeting of psychiatry European chapter of Eating Disorders	Kings college London , UK	Culturally sensitive Interventions in the treatment of ultraorthodox females with EDs (oral presentation).
76*	March 28-31 , 2020	EPA 28 <sup>th</sup> European congress of psychiatry	<b>Virtual</b>	Treatment model for ultraorthodox females with EDs (Poster )  Treatment model for Ethiopian females with EDs (poster)  Mother Infant Feeding Interaction (MI-FI): Improved Eating Habits at 1 Year ( <b>Oral presentation</b> )
77*	October' 12-15 2020	EDRS 2020 International Conference on research on Eating Disorders	<b>Virtual</b>	Childhood Maltreatment in Patients with BED with and without NES vs. Control(poster)  "Stomach feelings": EDs in Ethiopian immigrants in Israel (poster)
*78	December 2020	Network Eating Disorders Webinar 2020  The 1st International Scientific Webinar of Netzwerk Essstoerungen, Innsbruck.	Webinar, Innsbruck, <b>Virtual.</b>	The dark side of eating: psychopathology and treatment of Night Eating Syndrome ( <b>invited lecture</b> )
79*	December 2020 forthcoming	The 9th Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders – European Chapter (IFSO-EC)	Prague, Czech Republic, <b>Virtual.</b>	Comparison of interview to questionnaire for assessment of eating disorders after bariatric surgery (EDABS-Q) ( <b>E-poster</b> )

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
*80	March 2020	ICED 20 International Conference on Eating Disorders	<b>Virtual</b>	Traumatic life events in patients with BED with and without Night Eating Syndrome <b>E-poster</b>
*81	April 21-23 2021	GLOBAL SOCIAL WORK SYMPOSIUM Innovative Teaching strategies in the Time of COVID-19: Global Perspectives on Social Work Education	Ramapo College of New Jersey, Social Work Program, USA <b>Virtual</b>	The Transition to Remote Learning in Schools of Social Work in Israel; A Comparison between Students and Instructors, <b>lecture</b>
*82	June 2021	ICED 20 International Conference on Eating Disorders	<b>Virtual</b>	Treatment of EDs during Covid-19: the case of Israel PCSC <b>lecture</b>  <b>Receiving leadership Award</b>
<b>83</b>	<b>October 2021 forthcoming</b>	27th Annual EDRS Meeting	<b>Hybrid Boston USA</b>	<b>Differences in the factor structure of the Eating Attitude Test-26 (EAT-26) in different cultures in Israel: Jews, Muslims and Christians" Poster</b>

### Israeli Conferences

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
1.	Feb 1994	The 10 <sup>th</sup> Annual Conference of the Israeli Association for Marital and Family Therapy & Family Life Education	Ramat Efal.	The therapist and his family (Workshop).

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2.	May 1994	“The Family on the Threshold of the 21st Century: Trends and Implications”: An International Conference	Jerusalem.	Patterns of verbal communication among parents of anorexic female adolescents (Oral presentation and <b>Chairperson of panel</b> ).
3.	Nov 1997	International Symposium on Nutrition, Brain Function and Eating Disorders	Tel Aviv.	<ul style="list-style-type: none"> <li>i. Sleep-wake cycles in women with Bulimia and Binge Eating Disorders (Oral presentation).</li> <li>ii. Disparity between subjective perception and objective sleep patterns in women with Anorexia (Oral presentation).</li> <li>iii. Meat avoidance in Anorexia Nervosa - A risk factor? (Oral presentation).</li> <li>iv. Treatment with parenteral nutrition of anorexia patients in the community (Oral presentation).</li> </ul>
4.	June 1998	Annual 3 <sup>rd</sup> Conference on Mental Health Care: “Mental Strengthening in an Age of Changes for the Individual and Society”.	Ma’ale Hachamisha.	<ul style="list-style-type: none"> <li>i. Eating habits among adolescents in Israel (Workshop).</li> <li>ii. The culture of thinness as a model of beauty (Oral presentation).</li> </ul>
5.	Feb 2000	The 15 <sup>th</sup> Israeli Conference of Social Workers	Tel Aviv.	Hotline service as a source of help for people who suffer from EDs (Oral presentation and <b>Chairperson of panel</b> ).
6.	June 2000	Dialog 2000: “Family Therapist in an Era of Change.” The 13 <sup>th</sup> Conference of the Israeli Association for Marital and Family Therapy	Zichron Yaakov.	Avoiding conflicts in Anorexia: Family perspectives and clinical implications (Oral presentation).

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7.	Sep 2000	“Adolescent Medicine, Perspectives and Challenge”: A Multidisciplinary International Conference	Jerusalem.	<ul style="list-style-type: none"> <li>i. The effect of Anorexia on the patient’s sister (Oral presentation).</li> <li>ii. Vegetarianism: Risk factor in EDs (Oral presentation).</li> <li>iii. Family physician at the ED Clinic – Intervention model (Oral presentation).</li> </ul>
8.	March 2001	1st National Israeli Eating Disorder Conference	The Hebrew University of Jerusalem.	<ul style="list-style-type: none"> <li>i. The influence of the media on EDs (Oral presentation and <b>Chairperson of panel</b>).</li> <li>ii. EDs and the media: From risk factor to prevention (<b>Key Note lecture</b>).</li> <li>iii. Group therapy for parents of obese children (Oral presentation).</li> </ul>
9.	March 2002	2 <sup>nd</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders	Crowne Plaza Hotel, Tel Aviv.	<ul style="list-style-type: none"> <li>i. Women and EDs (<b>Chairperson of panel</b>).</li> <li>ii. Parents as a co-therapist in the treatment of EDs (Workshop).</li> <li>iii. Nocturnal eating – Sleep disorder or EDs? (Oral presentation).</li> </ul>
10.	12 March 2003	3rd Israeli Conference of Prevention, Treatment and Research of Eating Disorders	David Intercontinental Hotel, Tel Aviv.	<ul style="list-style-type: none"> <li>i. Eating disorders as an addiction (Oral presentation and <b>Chairperson of panel</b>).</li> <li>ii. Dance therapy group – An innovative model for obese patients (Workshop).</li> <li>iii. “Waiting list group” for EDs patients (Poster).</li> </ul>
11.	30 April - 2 May 2003	Israel Psychiatry Conference	Dan Hotel, Haifa.	‘Continuing therapy group’ for EDs patients (Poster).

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12.	21 Oct 2003	2nd National Conference on Promoting Mental Health among Women	Ben-Gurion University Beer Sheba.	Nocturnal eating: Prevalence, characteristics and night sleep in BED and BN (Oral presentation and <b>Chairperson of panel</b> ).
13.	16 Feb 2004	Annual Conference of Sleeping Disorders	Emek Izraeel College Afula.	Sleep-wake cycles in obese children with and without Binge Eating (Poster).
14.	15 March 2004	4 <sup>th</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders	Hotel David Intercontinental, Tel Aviv.	Insecure attachment style and repulsion by life and death in EDs (Oral presentation).
15.	16-18 March 2004	Annual Conference of Biological Psychiatry	Kibbutz Kfar Gilaadi.	Cerebral hemispheric function in women with EDs (Oral presentation).
16.	13 Oct 2004	Conference of Schools of Social Work in Israel	University of Haifa.	Calls to the Israeli hotline during the intifada (Oral presentation).
17.	15-17 March 2005	9 <sup>th</sup> Conference of Biological Psychiatry	Kibbutz Hagoshrim.	<ul style="list-style-type: none"> <li>i. Help-seeking characteristics for the EDs outpatient clinics in Israel among patients with EDs: A descriptive study (Poster).</li> <li>ii. Couple functioning of parents of adolescent girls with EDs (Poster).</li> </ul>
18.	22-23 Sep 2005	The Israeli annual conference of family therapy "The Strange Couple"	Tel Hai College.	<p>Family therapy among Eating Disorders patients – <b>Chairperson of panel.</b></p> <ul style="list-style-type: none"> <li>i. Patients with Eating Disorders: Parents support group (Oral presentation).</li> <li>ii. Obese children: Treatment group for parents (Oral presentation).</li> </ul>



	Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion/Comments
19.	15 March 2006	5 <sup>th</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders	David Intercontinental Hotel, Tel Aviv.	<b>Chairperson, plenary session</b> i. The patients perspective of recovery from AN (poster 1 <sup>st</sup> place prize). ii. Disordered eating among religious girls (Oral presentation).
20.	21-23 March 2006	10 <sup>th</sup> Annual Conference of Biological Psychiatry	Kibbutz Hagoshrim.	Hemispherical asymmetry among siblings of women suffering from AN and BN (Oral presentation).
21.	9-11 May 2006	12 <sup>th</sup> Conference of the Israeli Psychiatric Association	Hilton Hotel, Tel Aviv.	Insight into illness and meta-cognitive function among women with AN (Oral presentation).
22.	24-25 Sep 2008	3rd National Conference on promoting Mental Health among Women	Ben-Gurion University of the Negev, Beer-Sheva.	i. Parent focused group treatment, innovative perspective (Workshop). ii. Nocturnal Eating and Sleep Wake Cycle among EDs (Oral presentation). iii. Recovering from AN: the Patients Perspective (Oral presentation). iv. Maternal Functioning among Mothers with EDs. (Oral presentation).
23.	19 Jan 2009	11 <sup>th</sup> annual meeting of the Israeli sleep research society	Tel Hashomer , "Sheeba" Medical Center.	Sleep pattern eating habits and electronic media exposure in adolescents (Oral presentation).
24.	2-5 March 2009	13 <sup>th</sup> Annual Conference of Biological Psychiatry	Kibbutz Hagoshrim.	i. Sisters of women with EDs: neuron-cognition and personality (Oral presentation). ii. Size evaluation in AN (Poster).
25.	7-8 May 2009	Annual conference: Israeli Association of Pediatric Endocrinology	Inbal Hotel Jerusalem.	Early puberty among girls: psycho- social perspective ( <b>Invited Keynote lecturer</b> ).

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26.	14-16 October 2009	40 Years of Nutrition in Israel	Weitzman Institute Rehovot.	Night Eating Syndrom: Eating or Sleeping Disorders ( <b>Invited Keynote lecturer</b> ).
27.	9-11 March 2010	14th Annual Conference of Biological Psychiatry association	Kibbutz Hagoshrim.	New task revealed differences in TOM and social cognition among healthy and EDs mother-daughter dyads (Poster).
28.	4-6 May 2010	Annual conference of Nutrition in Israel	Conference center Tel Aviv.	Parent-centered treatment for adolescents EDs ( <b>Invited Workshop</b> ).
29.	27 May 2010	Israeli Annual conference of Eating Disorders	Conference center Sheba Medical Center, Tel Hashomer.	EDs as an Addiction ( <b>Invited Keynote lecturer</b> ).
30.	14 October 2010	Israeli Annual conference of Atid Nutrition Association	Conference center Bar Ilan University.	CBT for Night Eating Syndrome: (Poster).
31.	30 Dec 2010	Israeli Annual conference of the Biological Psychiatry Association	Gonad Goldsmidet center Bar Ilan University.	Night Eating: an update review ( <b>Invited Keynote Lecture</b> ).
32.	26-27 Jan 2011	11 <sup>th</sup> Annual Nefesh Israel Conference	Bayit-V'gan college, Jerusalem.	Eating Disorders and Jewish Observance (Oral presentation).
33.	27-28 Jan 2011	The Annual ITA CBT Conference	Hatmarim Hotel, Acco.	CBT for Eating Disorders ( <b>Invited two-day Workshop</b> ).
34.	27-28 Jan 2011	The Annual nutrition conference	Congress center, Ganey Hataarucha Tel-Aviv.	CBT for NES and BED ( <b>Invited Workshop</b> ).
35.	13-15 June 2011	The Annual conference of mentally disabled	Ramat Efal conference center Tel Aviv.	Obesity and quality of life among mentally disabled individuals ( <b>Invited lecture</b> ).
36.	14 Nov 2011	Israeli Annual conference of EDs	Knesset (The Israeli Parliament) Jerusalem.	Media and eating disorders ( <b>Invited Keynote speaker</b> ).
37.	15 Dec 2011	Israel Mental Health Week.	Rambam Health Care Campus, Haifa.	The Media Role in EDs ( <b>Invited Keynote speaker</b> ).

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38.	29 Dec 2011	Annual research day Rambam health care campus	Rapport Medical school ,Technion Haifa.	i. Psychological distress among sisters of young females with EDs: The role of negative sibships and coherence (Poster). ii. Personality and Neuropsychological Measures in Women with EDs, their Healthy Sisters, and Normal Controls (Poster).
39.	20-22 March 2012	16th Annual Conference of Biological Psychiatry association	Kibbutz Hagoshrim.	Anger processing among mothers of daughters with binge/purge EDs: hemispheric dominance. (Oral presentation).
40.	2 April 2012	ICET, Israeli association of creative therapies	Haifa university Haifa.	Media and ED among adolescents <b>(Invited lecture)</b> .
41.	14 June 2012	The Annual nutrition conference	Congress center, Ganey Hataarucha Tel-Aviv.	Transference and Countertransference Among Team Members Treating Weight-Related Problems <b>(Invited Workshop)</b> .
42.	12-13 Sep, 2012	Atid , annual dietitian conference	Congress center, Ganey Hataarucha Tel-Aviv.	New approach for the treatment of Emotional Eating (Poster).
43.	24 Dec 2012	Childhood Obesity School of Public Health Haifa University	Hecht conference, Haifa university.	Behind the curtain: family therapy for childhood obesity <b>(Invited Keynote speaker)</b> .
44.	15-16 Jan 2013	Family, Education and Media in a Diverse Society”	Hebrew University Jerusalem.	Media family and Disorders eating among Israeli adolescents (Oral presentation).
45.	19 May 2013	Dean Of students, Rave-Ravid conference, on Stress and Coping	Student House, Haifa university.	EDs as an idiom of distress (Oral presentation).
*46.	May, 2014	Israeli Annual conference of EDs	Schneider hospital, Petach-Tikva.	Compulsory treatment in EDs (Oral presentation).
*47	19, November 2014	Feeding and eating during childhood	Berman, Hadasa Har Hazofim, Jerusalem	Eating and feeding relationship in early childhood: reflection to self esteem
*47	November 24-25 2014	18 <sup>th</sup> annual Social-Worker conference	Intercontinental hotel, Tel Aviv	Compulsory treatment in AN in Israel: retrospective study (Oral presentation).

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*48.	31 August - 3 <sup>rd</sup> Sept.2015	45 <sup>th</sup> annual EABCT congress CBT: a road to hope and compassion for people in conflict.	Jerusalem , Israel	IPT and Eating Disorders (symposium)
*49.	September, 2016	Israeli Annual conference of EDs	Sorasky Conference center Sheba, Tel Hashomer.	Sibling relationships in EDs <b>(Invited Keynote speaker).</b>
*50	December, 21 <sup>st</sup> 2016	International conference MINAM	Open University, Raanana, Israel	Eating disorders among Arabs: and updated research
*51	April 4 <sup>th</sup> 2017	Qualitative research in nursing.	Dorot medical center for geriatric rehabilitation, Netania.	The role of media in the development of eating disorders <b>(Invited Keynote speaker).</b>
*51	May 16-18, 2017	15th conference on Preventive Nutrition	Convention Center, Ganey-Hataaruch, Tel Aviv, Israel	Symposium, nutrition psychotherapy: IPT for Eating Disorders (oral presentation)
*52	November 19-20, 2017	Annual Conference of Social Work	Intercontinental Hotel ,Tel Aviv	Cultural sensitive diagnosis in eating disorder: The cases of Ethiopian and ultra-orthodox patients <b>(Lecture, Symposium)</b>
53	December 7, 2017	Annual Research day	Rambam Health Care Campus, Haifa	Interpersonal Functioning of Individuals who Seek Bariatric Surgery: control study <b>(Poster)</b>
54	March 6-8, 2018	The 22 <sup>nd</sup> annual meeting of the Israeli Society of Biological Psychiatry	Pastoral hotel, Kibbutz Kfar-Blum Israel	Dietary patterns in patients with BED with and without Night Eating, <b>(Oral presentation)</b>
55	March, 9 2018	The 13th annual conference of the institution for research on health policy.	Intercontinental Hotel , Tel Aviv	Rehabilitation house for individual with EDs: retrospective outcome study <b>(oral presentation)</b>
55	May 22-24, 2018	Annual conference of Nutrition "Ehud Cohot"	Exhibition Grounds, Tel Aviv	Night eating and obesity- <b>(Lecture symposium).</b>
56	June 6, 2018	Annual conference of the Israeli association of EDs	Ruppim Academic Center, Israel	Do Not Harm: Preventions of EDs in the school setting. <b>(Keynote lecture)</b>
57	July 6, 2018	Annual conference of ADNAM Let's talk about sexuality& relationships	Spencer center, Rambam medical center, Haifa.	Sexuality and ED: Harmful relationships <b>(Keynote lecture)</b>
58	February, 6-7, 2019	Annual meeting of Aluma, Israel Society for Educational Treatment	Shfayem Hotel, Kibbutz Shfayem	Eating in the darkness: night eating syndrome <b>(Keynote Lecture)</b>

	<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion/Comments</b>
59	19, December, 2019	Annual Research Day, Rambam health care Campus, Haifa	Spencer, Rambam, health care Campus, Haifa	Validation of a novel instrument to assess eating pathology after bariatric surgery (poster).  House of rehabilitation for patients with EDs (Poster)  Interpersonal characteristics of bariatric candidates with and without EDs symptoms. <b>(Lecture TED style)</b>
60	Feb 4 <sup>th</sup> 2020	Conference on Day Treatment, EDs center, psychiatric department.	Spencer, Rambam, Health Care Campus, Haifa	Day treatment-the “golden-bridge” treatment for youngsters with EDs ( <b>Keynote</b> )
61	October 2020	Community as a Family conference collaboration with School of social work HU	Zoom Virtual	Opening.
63	29 July 2021	Annual conference of Nutrition “Ehud Cohot”	Exhibition Grounds, Tel Aviv	IPT and Eating Disorders ( <b>chair symposium lecture</b> )

b. **Organization of Conferences or Sessions**

	<b>Date</b>	<b>Conference</b>	<b>Place and date</b>	<b>Type and Title of presentation</b>
1.	March 2001	1 <sup>st</sup> National Israeli Eating Disorder Conference	The Hebrew University of Jerusalem, Israel.	Scientific and Organizing Committee.
2.	March 2002	2 <sup>nd</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders	Crown Plaza Hotel, Tel Aviv, Israel.	Scientific and Organizing Committee.
3.	March 2003	3 <sup>rd</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders	David Intercontinental Hotel, Tel Aviv, Israel.	Scientific Committee.
4.	8 March 2004	Hecht Museum, University of Haifa, Israel	Voice of their Own: The Jewish – Arab Center and the Gustav Heinemann Institute for Research of the Middle East, Israel.	Panel Women in poetry and literature (Chairperson).
5.	15 March 2004	4 <sup>th</sup> Israeli Conference of Prevention, Treatment and Research of Eating Disorders.	Hotel David Intercontinental, Tel Aviv, Israel.	Organizing Committee.

	<b>Date</b>	<b>Conference</b>	<b>Place and date</b>	<b>Type and Title of presentation</b>
6.	April 2004	2004 International Conference on Eating Disorders	Carib Royal Resort Orlando, FL, USA.	Abstracts reviewers of the conference.
7.	4 April 2006	2006 Israeli Conference on Eating Disorders	David Intercontinental Hotel, Tel Aviv, Israel.	Organizing Committee.
8.	7-10 June 2006	2006 International Conference on Eating Disorders.	Fira Palace Hotel, Barcelona, Spain.	Organizing Committee.
9.	22-23 Sep 2006	2006 Israeli Conference on Family therapy	Tel Hai College, Israel.	Organizing Committee.
10.	May 2-5 2007	2007 International Conference on Eating Disorders	Marriott Waterfront Hotel, Baltimore Maryland USA.	Abstracts reviewers of the conference.
11.	March, 5 2008	2008 Israeli Conference on Eating Disorders	Skoratzki Bldg. Tel Hashomer Hospital, Israel.	Organizing Committee.
12.	25 May 2008	2008 Israeli Conference on Eating Disorders	Schneider Medical Center, Petach-Tikva, Israel.	Organizing Committee.
13.	26-27 Jan 2009	2009 International conference Eating Disorders	Maale Hachamisha Israel.	Organizing Committee. & Chairperson.
14.	19-20 March 2010	International NATO ARW advanced research workshop	Studi Cognitivi Foro Buonaparte 57 20121 Milano, Italy.	Organizing Committee. & Co-Chair.
15.	27 May 2010	2010 Israeli Conference on Eating Disorders.	Soraski center, Sheba Tel Hashomer Israel.	Organizing Committee & Chairperson.
16.	27-30 April 2011	ICED 2011 International Conference on Eating Disorders.	Intercontinental Hotel , Miami, Florida, USA.	Significant interest group Panel on NES (Co-Chair).
17.	14 Nov 2011	Israeli Annual conference of Eating Disorders	The Knesset (The Israeli Parliament), Israel.	(Organizing Committee).
18.	May 9 2012	Annual conference of Israel association of ED: Treatment and EDs	Conference center Sheba Medical Center, Tel Hashomer, Israel.	CBT Panel (Chairperson).

	Date	Conference	Place and date	Type and Title of presentation
19.	Feb 3-5 2013	International conference Eating Disorders, Treatment Modalities for EDs	Ramada Hotel, Jerusalén Israel	Organizing Committee. & Chairperson.
20.	23-24 August 2013	ACED 2013 Australian Conference on Eating Disorders	Intercontinental hotel Melbourne, Australia.	Night Eating Syndrome. (Chairperson of Symposium).
*21.	8-10 Dec. 2013	JOFA 8 <sup>th</sup> conference of feminism and Orthodoxy	John Jay College NYC. NY. USA.	EDs in the Jewish Orthodox, (Co chair Symposium).
*22.	31 August - 3 <sup>rd</sup> Sept.2015	45 <sup>th</sup> annual EABCT congress CBT: a road to hope and compassion for people in conflict.	Jerusalem , Israel	EDs and CBT EDs and IPT Chair person of panels and (Scientific committee)
*23.	6 Sept.2015	Annual IAED conference: new direction in the treatment of EDs.	Sheba Tel Hashomer	Introductory lecture on treatment and EDs, chair person
*24.	27 September 2016	Annual IAED conference	Soraski center, Sheba Tel Hashomer Israel.	Sib-ships among females with and without EDs <b>Key note speaker and Organizing Committee.</b>
*25.	17-18 May 2017	Annual Nutrition “Ihud kohot” conference	Conference Center, Tel Aviv	IPT and EDs symposium
*26.	May 2019	Annual IAED conference	Soraski Center, Sheba Tel Hashomer, Israel.	Scientific committee

### 7. Invited Talks and Workshops (Selected)

	Date	Place of Lecture	Name of Forum	Presentation/Comments
1.	April 1995	Ramat-Efal, Israel.	Israeli Association for Marital and Family Therapy: “Food, Feeding and Eating”	Eating disorders: Trans- generational perspective <b>(Keynote lecture).</b>

	<b>Date</b>	<b>Place of Lecture</b>	<b>Name of Forum</b>	<b>Presentation/Comments</b>
2.	June 1996	“Hadassah Neurim,” Israel.	Continuing Education Program for Social Workers	A journey into my family history through a Genogram (Workshop).
3.	March 1997	Acco, Israel.	District Consultant Meeting, Ministry of Education, Psychology Services	Body image, self-esteem and eating disorders (Workshop).
4.	Feb 1998	Tel Aviv University School of Social Work Tel Aviv, Israel.	ELEM - Israeli Association for Neglected Children and Adolescents	“Eating disorders: Clinics, etiology and treatment” (Workshop).
5.	Nov 1998, Feb 1999	Emek Yizreel, Israel.	‘Shefi’ – Psychological Counseling Service, Emek Yzreel Regional Council	Treatment of eating disorders (Workshop).
6.	July 1999	‘ERAN,’ Haifa, Israe.	ERAN,’ Israeli Crisis Hotline	Eating disorder callers: Three levels of prevention.
7.	Feb 2000	Neve Amiel Boarding School, Israel.	The Unit for Psychosocial and Medical Services, Ministry of Education	Historical, etiological and clinical aspects of eating disorders.
8.	Sep 2001	Osaka, Japan.	Department of Neuropsychiatry, Osaka City University Medical School	Meat avoidance and zinc deficiency in Anorexia Nervosa – A risk factor?
9.	April 2002	David Intercontinental Hotel, Tel Aviv, Israel.	1 <sup>st</sup> Conference of Preventive Nutrition	Nocturnal Eating: Sleep- wake cycle and clinical characteristics.
10.	30 Sep 2002	University Medical Center, Ljubljana, Slovenia.	Division of Pediatrics, Unit of Child and Adolescent Psychiatry	Sibship among Anorexia Nervosa patients and their sisters.
11.	17 Nov 2003	Sao Paulo, Brazil.	AMBULIM – EDs Unit, Hospital Das Clinicas	The effect of Anorexia Nervosa on the patient’s sister within the family; Eating Disorders in Israel.
12.	5 May 2004	Toronto General Hospital, Canada.	EDs Unit Staff of the Toronto Hospital	Eating Disorders in Israel: epidemiology and treatment.



	<b>Date</b>	<b>Place of Lecture</b>	<b>Name of Forum</b>	<b>Presentation/Comments</b>
13.	18 Feb 2005	Semelweis University, Budapest, Hungary.	Professional meeting with EDs professionals	Multidisciplinary model for treatment of EDs.
14.	11-15 Dec 2005	Golden Tulip hotel Dead sea, Israel.	The Israeli Annual Conference for Educational Psychologist	History Etiology and Treatment of Patients with EDs (Workshop).
15.	9 May 2006	"Telem" Tagor 26 Tel Aviv, Israe.	Day seminar for family therapists from Telem, the Kibbutz Institute for family therapy	Clinical etiology, treatment, and the family perspective treatment of EDs.
16.	16, 23, 30 May 2006	"Clalit Lebriut Haadam" Hameginim Haifa, Israel.	Three-day seminar for dietitians of Clalit Health Insurance, North District, Israel.	Clinical etiology, treatment, and the nutritional psychological oriented treatment of EDs.
17.	13 Feb 2006	Tamuz Institute , Shoshanat Hacarmel 10 Carmel, Haifa, Israel.	Day seminar for clinical psychologists at the "Tamuz" Institute.	Diagnosis, Etiology and Treatment of EDs.
18.	17 Nov 2006	Sebrell Library Department of Medicine, Obesity Research Center St. Luke's-Roosevelt Hospital Center NY USA.	Conference for the Obesity Research Center Staff members at St. Luke's Hospital, Columbia University NYC	Spotlight on Childhood Obesity.
19.	Jan - Dec 2007	Sebrell Library Department of Medicine, Obesity Research Center, St. Luke's-Roosevelt Hospital Center ,Columbia university, NYC, NY, USA.	Obesity Research Center, Research Students at St. Luke's Hospital, Columbia University NYC, NY	CBT for Bulimia Nervosa BED and Obesity (weekly seminar).
20.	11 May 2007	Richmond Virginia, USA.	Teens Program, Department of Pediatrics School of Medicine, Virginia Commonwealth University.	The dark side of food: night eating syndrome, diagnosis and treatment.

	<b>Date</b>	<b>Place of Lecture</b>	<b>Name of Forum</b>	<b>Presentation/Comments</b>
21.	25 July 2007	Philadelphia, Pennsylvania, USA.	University of Pennsylvania School of Medicine Center for Weight and EDs.	Food in the Dark: Nocturnal Eating Among Eating Disorders Patients in Israel.
22.	1 Oct 2007	Psychiatric ED unit Columbia University NYC NY USA	Eating Disorders Unit Staff of the Presbyterians psychiatric ED unite NYC	Parents focused treatment with Eating Disorders patients.
23.	22 Oct 2007	New Orleans , Louisiana, USA.	ED inpatient unit, River Oaks Hospital, New Orleans, Louisiana, USA	"Wake up to Eat": the phenomenon of Night Eating Syndrome.
24.	7 Nov 2007	ED clinic 53 East, 92st. NYC. NY. USA.	Eating Disorders Clinic Staff in NYC NY USA	Eating Disorders among Jewish religious adolescent females.
25.	15 Nov 2007	Richmond Virginia, USA.	Department of Psychology, Virginia Commonwealth University	Treatment of Eating Disorders in Israel.
26.	14 March 2008	"Eretz Israel Yafa" Tel Aviv, Israel.	ITA CBT seminar day	CBT for Eating Disorders.
27.	9 Sep 2009	Education center, Givatyem, Israel.	ED staff, "Meuhadet " insurance company national conference	CBT for Eating Disorders.
28.	21 Feb 2010	Education center, Sharvit House, Tel Aviv, Israel.	Nutrition EDs staff, "Maccabi" national conference.	Night Eating Syndrome.
29.	May 2010	Education center, Haifa, Israel.	ITA continuing education program	CBT for Eating Disorders (Workshop).
30.	April 2011	Education center, Haifa, Israel.	ITA continuing education program	CBT for Eating Disorders (Workshop).
31.	March 2012	Yad Labanim center, Kiryat Tivon, Israel.	Ministry of welfare, the department of adolescent girls at risk-warm house	Eating attitude and behavior among adolescents.
32.	June 2012	Sorasky center, Shiba Tel Hashomer, Israel.	Psychology residence program	Family based treatment for Eating Disorders

	<b>Date</b>	<b>Place of Lecture</b>	<b>Name of Forum</b>	<b>Presentation/Comments</b>
33.	Nov, 23 2012	Haifa university, Israel.	Celebration the publishing of our book “The dance of eating and Sleeping among Adolescents”	Sleeping and Eating among Adolescents.
34.	Feb 2013	Education center, Haifa, Israel.	ITA continuing education program	CBT for Eating Disorders (Workshop).
35.	April 2013	The Moudsley Hospital, Kings College, London, UK.	PHD program	Night Eating Disorders.
36.	May 2013	Mavhar campus, Bney Brak, Israel.	BA and MA program for orthodox students	A Healthy and pathological eating behavior.
37.	April 2013	Rupin College, Israel.	MA program, clinical psychology	CBT for Eating disorders patients.
*38.	November 2013	Stern College, NY. NY. USA.	MA program Social work	Night Eating: Syndrome or Symptom.
*39.	March 6, 2014	University of Minnesota, Medical Center, Minnesota Minneapolis, USA.	Psychiatric institution meeting, and MA program, community nutrition intervention	Intervention at the national level through legislative change: An example from Israel, and treatment of NES
*40.	March 31, 2014	Yeshiva University, Stern Campus, NY, NY. USA.	Wurzweiler School Of Social Work, and Ferkauf Graduate School of Psychology	Dispelling Myths: Eating Disorders in the Jewish community.
*41.	July, 24 <sup>th</sup> 2014	USA Congress, Washington DC	Eating Disorders Coalition Meeting	Discussion on the new Israeli law for limiting weight in the modeling industry,
*42.	November- December 2014	Psychology department , Haifa University, Israel.	Continuing education program	CBT for Eating Disorders (Workshop).
*43.	February, 2015	Columbia University, NY, NY, USA.	Mental health week , school of public health	Intervention at the national level through legislative change: the new Israeli law for limiting weight in the modeling industry.
*44.	June 4th , 2015	Touro College University System, NY, NY, USA.	Alumnu , AEPi NY NY	Body image and distress: the new Israeli model law for limiting weight in the modeling industry.
*45.	May 23 <sup>rd</sup> 2016	IDF Israel	Mental health Annual Meeting Tel Hashomer	Eating behavior normal and pathological perspective.
*46.	November, 2 <sup>nd</sup> 2016	Nazareth, mental health center, Clalit	Mental health therapists	All about eating.

	<b>Date</b>	<b>Place of Lecture</b>	<b>Name of Forum</b>	<b>Presentation/Comments</b>
*47	November , 23 <sup>rd</sup> and 30 <sup>th</sup> 2016	Psychotherapy school Ben Gurion university	Mental health center, Seer- Sheva, Israel	Family therapy and IPT for eating disorders.
*48	December 5 <sup>th</sup> , 2016	Port Campus, Haifa university	Counseling psychologists, continued education	Eating disorders, treatment and prevention (workshop)
*49	Jan, 2 <sup>nd</sup> , 2017	Department of education, Haifa University	Counseling psychologists, continued education	Preventing eating disorder in school setting
*50	February 8 <sup>th</sup> 2017	Chemed, health center, New-Jersey, USA	Lakewood, New-Jersey, USA	Promoting healthy Eating and body image (workshop)
*51	Feb 13 <sup>th</sup> 2017	Pace University, psychology department	Colloquium, psychology department, NY, NY	EDs, the current “language” of women’s psychological distress.
*52	Feb 16 <sup>th</sup> 2017	New School, psycho. department	Under Graduate school of psychology, NY, NY	Introduction to Eating Disorders.
*53	March, 9 <sup>th</sup> 2017	Department of psychiatry , Haeemek Hospital, Afula	Department of psychiatry, stuff meeting , Israel	Family Based Treatment in Eating Disorders
54	December 20, 2017	Kfar Galim, Haifa	Social worker. In boarding school	EDs among adolescence in boarding schools.
55	December 21, 2017	Maccabi health care’ Tel aviv	Bariatric Nutritionists forum	Body image among bariatric patients.
56	January 24, 2018	Ministry of education, , “For Me” project.	Counselors meeting	Do not harm: prevention of EDs in school
*57	December, 4 <sup>th</sup> , 2018	School of social work, Haifa university, Ofer Tower	Annual ceremony for PhD Price in memory of Prof. Ora Gilbar	Mirror mirror on the wall who is beautiful of all? EDs as a reflection of distress.
*58	January 11 <sup>th</sup> , 2019	Soraski center, Sheba Tel Hashomer Israel.	ITA, Israeli association for CBT	Introduction to IPT with Hila Argentero
*59	March, 26, April, 3 <sup>rd</sup> 2019	Kampus, Halechi 31 Bney-Berak	Atid, Israeli association for nutrition	IPT for EDs workshop with Prof. Anat Klomek.
*60	June, 11 2019	Leonardo plaza Hotel, Netania.	Maccabi health care, pediatrician and family practitioners	Treatment and prevention of childhood obesity: the pediatrician role
*61	September, 2019	Tel aviv Yafo college	Psychotherapists	Interpersonal psychotherapy
62	Feb 2020	Magid institution	Multidisciplinary EDs staff member	NES FBT
*63	March 2020	“Reut” EDs treatment Center	Multidisciplinary EDs staff member	Day treatment for patient with ED
64	March 2021	School of Social work, Maryland university <b>Virtual</b>	Colloquium, school of social work Maryland USA	EDs as a reflection of distress.
65	August 2021	School of Social work, Smith university <b>Virtual</b>	Family therapy course, led by Dr Liat Shratlsky, visiting scholar lecturer	Beyond blame: family-based treatment for eating disorders.

8. Research Grants1. Grants Awarded

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Sum</b>	<b>Topic</b>	<b>Funded by</b>	<b>Year</b>	<b>Publications</b>
<b>PI</b>		5,000 NIS	Toward Ph.D. Thesis.	The Social Research Institute, Tel-Aviv University, Israel.	1992	D1
<b>PI</b>	Dr. O. Tzschinski, Emek Yzreel.	15,000 NIS	Diagnosis and Treatment of obese children.	Emek Yizreel College, Israel	1999	D36
<b>PI</b>	Dr. O Tzschinski, Emek Yzreel	5,000 NIS	Diagnosis and treatment of obese children.	Emek Yizreel College Israel	2001	D35
<b>Co-PI</b>	Dr.O. Karni, & Dr. K. Kaniyas, Hadassa Ein Carem Medical Center, Jerusalem	13,000 NIS	Family cohesiveness, eating behaviors and AN: controlled study.	Paramedical Fund of Hadassah, Israel	2002	D37, D48
<b>Co-PI</b>	Dr. R. Yahav	5,000 NIS	The symptom-carrying child as a preserver of the family unit in the case of EDs.	Research Authority, University of Haifa, for Preliminary Research, Israel	2003	
<b>PI</b>	Prof. E. Klein and Dr. D. Koren	\$ 5,000	Neuropsychological basis of insight and	Research Authority, University of Haifa,	2003	D65

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Sum</b>	<b>Topic</b>	<b>Funded by</b>	<b>Year</b>	<b>Publications</b>
			competence to consent to treatment in AN:metacognitive study.	Joint Research Grant from the University of Haifa and the Technion, Israel		
<b>PI</b>	Dr. Z. Eviatar	5,000 NIS	Deficits in cerebral hemispheric asymmetry in EDs.	Research Committee, Faculty of Social Welfare and Health Sciences, University of Haifa, Israel	2003	D47
<b>PI</b>		3,500 NIS	Father –son relationship in boys with AN and BN.	Research Authority, University of Haifa, Israel	2003	
<b>PI</b>		4,750 NIS	Identifying group at risk for EDs.	Research Authority, University of Haifa, Israel	2004	D40 D42
<b>PI</b>		15,000 NIS	Research on prevention EDs in the Community .	Local Authority, Mifal Hapais Fund, Tel Aviv, Israel.	2005	D32
<b>PI</b>		3,000 NIS	Preliminary research on culture values and EDs.	Research Authority, University of Haifa, Israel.	2006	D44
<b>Co-PI</b>	Prof. A. Rimmerman.	120,000 NIS	Obesity among Mentally Disabled Youngsters.	'SHALEM' Foundation, Israel.	2006-2010	

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Sum</b>	<b>Topic</b>	<b>Funded by</b>	<b>Year</b>	<b>Publications</b>
<b>PI</b>		2.5 million NIS	Rehabilitation house for recovered EDs patients.	National Insurance Institute of Israel.	2008-2012	In preparation
<b>Co-PI</b>	Dr. S. Sassaroli, Milano, Italy	53,400 EUR	Advanced research workshop.	NATO ARW	2009-2010	Edited Book , published 2011 B2 and E24 E25
<b>Expert Consultant</b>	PI -Prof. S. Metzger, Richmond Virginia,USA	\$ 250,000 For 3 years	An Integrative Intervention for Binge Eating in African-American Adolescents	NIH (R34)	2010-2013	D68
<b>*PI</b>		3,000 NIS	Superwomen model self-esteem & EDs.	Research Authority, University of Haifa, Israel.	2011	In preparation
<b>*PI</b>		10,000 NIS	Night Eating Syndrome: eating behavior characteristics.	Pfizer Foundation Grant Forum, for Health Policy in Israel.	2011	D73
<b>*PI</b>	Prof. R. Katz	199,000 NIS	Evaluation of ED prevention program: the role of media exposure, sense of empowerment, and parental	Israeli Ministry of Science and Technology	2011-2013	D70

Role in Research	Co-Researchers	Sum	Topic	Funded by	Year	Publications
			involvement .			
<b>*PI</b>		5,000 NIS	Evaluation of an intervention program for the prevention of EDs.	Rotter Foundation, Maccabi Institute for Health Services Research.	2012	D70
<b>*PI</b>		80,000 NIS	Evaluation of the duration of consuming a defined quantity of food with and without the "Slow-chew" device and compliance testing: the role of personality & emotional factors.	Nobesity Foundation.	2013	
<b>*PI</b>		12,000 NIS	Compulsory treatment for AN in Israel.	Pfizer Foundation Grant Forum, for Health Policy in Israel.	2013	
PI	Dr. Anat Burstein-Klomek	80,000 NIS	The role of Interpersonal relationship before and after Bariatric surgery	Maccabi health care services	Submitted July 2015 accepted may 2016	
PI		60,000 NIS	Rehabilitation house for EDs: predictors	Israel National	Submitted 2016 Accepted	



Role in Research	Co-Researchers	Sum	Topic	Funded by	Year	Publications
			for outcomes	Insurance Institution	ted 12 Dec. 2017	
Co-PI	Roni Elran-Barak	10,000 NIS	Implicit and explicit anti-fat bias among bariatric surgery candidates—The role of ethnicity	Rambam-faculty of social welfare and health sciences, research collaboration.	Submitted, July, 2018 Accepted, Sep. 2018	
Co-PI	Dr. Pnina Ron and Prof. Shay Lin	240.000 NIS	Don't cast me off in my old age: Privatization of health services, its implications on the elderly and their families in Israel	National Institution for Health Services and Policy, Gertner	Submitted October 2018 Accepted June 2019	
Collaborator	Dr Noam Weinbach	260.000 NIS	Executive Functions and Emotion Processing among Adolescents with Anorexia and Bulimia Nervosa	ISF	Accepted July 2020	

## 2. Submission of Research Proposals (partial pending)

<b>Year</b>	<b>Funded by</b>	<b>Topic</b>	<b>Co-Researchers</b>	<b>Role in Research</b>
Submitted Feb 2013	Melinda and Bill Gates Foundation 183,062\$	The relationships between biomedical markers and eating patterns in children with Autism Identifying risk factors.	Dr Gal, University of Haifa and Prof. Tzischinsky, Emek-Yzreel College, and Prof. Yael Latzer	decline
Submitted Sep 2013	Preproposal, German Israeli Project Cooperation-Research Project (DIP)	Compulsory treatment for AN, Clinical outcomes and compliance: A retrospective multi-center cohort study.	Prof. Cornelia Thiels (Germany) and Prof. Yael Latzer	decline
Submitted Nov 2013	Binational Science Foundation (BSF) USA-IL 250,000\$	Stress and coping among Muslims women in USA and in Israel.	Prof. Sonia Suchday, Pace University, NY USA and Prof. Yael Latzer	decline
Submitted 14 June 2014 Obesity Society	Weight Watchers Karen Miller-Kovach Research Grant. 40,000\$	The influence of the Nobesity "Slow Bite" device on eating behavior and eating habits	Prof. Yael Latzer	decline
Submitted November 2 <sup>nd</sup> 2014	ISF 1,500,000 NIS	Identifying urine and stool biomarkers and its relationship to eating problems among children with ASD: a prospective, controlled study.	Dr Eynat Gal, Dr Nehama Zukerman Levin, Dr Orit Stoler and Prof. Yael Latzer	decline
Submitted May 2016	Moos- Israeli Ministry of	Instilling a healthy lifestyle to prevent childhood obesity: An	Prof. Yael Latzer	Decline

	Science and Technology 300,000NIS	intervention targeting overweight mothers		
Submitted April 2016	NIH -RO1	Bariatric surgery the role of Psychological characteristic in the outcome	Dr Harry Kissilefe Columbia university NY NY USA and and Prof. Yael Latzer, Supervisor	Decline
Submitted October 2018	National Institution for Health Services and Policy, Gertner	Barriers to diagnosis and treatment of eating disorders among the Arab population in Israel	PI Dr. Eynat Zubery, and Dr. Ido Luria, Shalvata, Medical Center, Israel, and Prof. Yael Latzer	decline
Submitted August 2018	John Templeton Foundation	Disordered Eating Prevalence and Pathology in Ultra-Orthodox Jewish Israeli Women.”	Dr. Sarah Weinberger, Marry Mount University, NY, NY, USA, Miss Amanda Jowel, Mrs. Atara, Sternbouch	decline
Submitted June 2018	Minerva	The Minerva Center for the Study of Diversity & Change in Human Aging (DiCA)	Miri Cohen, Chaya Koren, Yael Latzer, Hisham Abu-Rayya, Pitzy Ron, David Mehlhausen-Hassoen, Shai Linn, Yuval Palgi, Israel; Frieder R. Lang, Stefan Kamin, Nicolas Rohleder, Susanne Wurm, Germany	decline
Submitted, November 2018	The Israeli Association for the blind.	Satisfaction and Service Expectations: Survey	Prof. Miri Cohen and Prof. Yael latzer	
Submitted, June 2018	IDF	EDs and DEP in combat females’ soldiers in IDF identifying risk factors?	Zohar Spivak-Lavi and Prof. Yael latzer	decline
Submitted, February 2019	Mind and Life institution	PEACE Grants - Letter of Intent (A-80345588)	Zohar Spivak-Lavi and Prof. Yael latzer	decline
Submitted March 2020	National Institution for Health Services and Policy, Gertner	Examination of multi-disciplinary pre-surgical evaluation, for assessing the results of bariatric surgery in a five-year post-surgery follow-up	Prof. Yael latzer PI and Helena Katzav Co-PI	Decline May 2020



for my valuable contribution to research, treatment and international collaborations in the field of Eating Disorders, nationally and internationally.

- 2011 The Leonore & Larry Zusman – JDC Prize received for Excellence in the field of Social Services in Israel. Development of programs and services for young people at risk. 27 March 2011 25,000\$
- \*2015 Award received from “Hosen” – Life Work Prize received for Excellence in the field of rehabilitation in mental health, Israel. Development of programs and services for young people with EDs
- \*2018 Haifa University Rector’s Award and prize received for outstanding teaching. 5000 IS

## 10. Teaching

### a. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop	Degree B.A./M.A./M.Sc /Ph.D.	Number of students
<b><u>1. School of Social Work</u></b>				
1994- 2004	Issues in Intervention - Mental Health Services.	Lecture	B.A. 3 <sup>rd</sup> year	30
1998- 2001	Fundamentals of Intervention.	Lecture	B.A. 1 <sup>st</sup> year	35
1998-	Adolescence – Normal Development.	Lecture	M.A.	30
2001- 2004	Family Assessment in Multigenerational Perspective.	Lecture	B.A.	150
2002-	Adolescence – Abnormal Development.	Lecture	M.A.	35
2002-	Eating Disorders-Clinical and Epidemiology.	Lecture	M.A.	35
2004- 2006	Family intervention	Lecture	B.A.	150
2004- 2006	Psychosocial development through adolescence	Lecture	B.A.	150
2004- 2006	Issues in family life	Lecture	B.A.	150
2004- 2006	Seminar: treatment for adolescents	Seminar	M.A.	35

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop	Degree B.A./M.A./M.Sc /Ph.D.	Number of students
2011-	Eating Disorders theory and Treatment.	Seminar	M.A. Summer class	35
2011 -	Systemic family therapy	Seminar	M.A Summer class	35
<b>2. <u>School of Public Health: Nutrition, Health and Behavior</u></b>				
2008-	Eating Disorders- Clinical and Epidemiology	Lecture	M.A.	30
2008-	Eating Disorders- Treatment.	Lecture	M.A.	30
2009-	Family: theory and treatment	Seminar	M.A	30
2010- 2011	Issues in Intervention – nutrition and behavior.	Seminar	M.A	25
<b>3. <u>Ferkauf Graduate School of Psychology: Yeshiva University BRX NY USA</u></b>				
2006- 2008	EDs-Treatment	Seminar	Ph.D.	20
2006- 2008	EDs- Clinical and Epidemiology	Seminar	Ph.D.	20
*2013	EDs- Introduction and Clinical perspectives	Seminar	Ph.D.	11
	<b>Hunter college Silberman school of social work, NY NY</b>			
*2014	EDs- Introduction and Clinical perspectives	Seminar	MSW.	15
*2014	Clinical practice	seminar	MSW	25
<b>4. <u>Department of Health and Behavior Studies Nutrition: Columbia University, NYC, NY USA</u></b>				
2006- 2007	EDs- Clinical and Epidemiology	Seminar	M.A., Ph.D.	35

b. **Courses thought in continuing education programs**

<b>1. <u>School of Social work, University of Haifa</u></b>				
1995- 2006	Eating Disorders	Lecture	Continuing Education	35

<b>2. <u>School of Psychotherapy, Psychiatric Division, Rambam Medical Center, Haifa</u></b>				
2001	Eating Disorders	Lecture	Continuing Education	30
<b>3. <u>MAGID Institute – School of Psychotherapy</u></b>				
2005	Eating Disorders	Lecture	Continuing Education	40
<b>4. <u>The Israeli Association for Cognitive and Behavior Psychotherapies ( CBT-ITA)</u></b>				
2009	Hecht center, Haifa, Israel.	Lecture	CBT for Eating Disorders	15

c. **Supervision of PhD and MD Students**

<b>Name of Student</b>	<b>Title of Thesis</b>	<b>Date of Completion / in Progress</b>	<b>Details of Publication</b>
1.Sarah Roer	Comparative Study of Night Eating Syndrome and Binge Eating Disorder on Measures of Emotional Eating, Sleepiness, Depression, and Test Meal YU, Ferkhauf Graduate School of Psychology, NY, USA. (co supervision with Dr. Swencionis).	2008	D73
2. Rebecca Michell	The Relationship between Separation & Individuation and EDs Among Post High School Orthodox Females Spending the Year in Israel. YU, Ferkauf graduate school of Psychology, NY, USA (co supervision with Dr Gerson).	2008	D77
3.Talia Wiesen-Hinden	The Relationship between Social Support and EDs among Post-High School Orthodox Females Spending a Year in Israel. Yeshiva University, Ferkhauf graduate school of psychology, NY, USA co supervision with Dr Gerson).	2009	D77
4.Shiphra Habibian	The Relationship between Separation & Individuation and Disordered Eating Among Post High School Orthodox Females Spending a Year in Israel: Longitudinal Control Study.	2009	

	YU, Ferkhauf Graduate School of Psychology, NY, USA (co supervision with Dr Swencionis).		
5. Anna Rosch	The Relationship between Social Support and EDs among Post-High School Orthodox Females Spending a Year in Israel: Control Study YU, Ferkhauf graduate school of psychology, NY, USA co supervision with Dr. Gerson).	2010	D77
6. Reout Arbel	Insight into illness in AN: Development and validation of a new meta-cognitive approach to conceptualize and measure insight (co-supervision with Dr. Danny Koren from the Department of Psychology, University of Haifa).	2011	*D78
7. Merav Shahar	A Family Perspective of the Road to a Daughter's Recovery from AN (co-supervision with Dr. Eli Buchbinder).	2012 with distinction	2 papers
8. Eynat Zubery	Disordered Eating psychopathology among ballet dancing schoolgirls in Israel, (co-supervision with Prof. Ruth Katz).	2013	
9. Galia Golan Sprinzak	Obesity and Quality of life among mentally disabled people, (co-supervision with Prof. Arie Rimmerman and Prof. Shai Linn).	2013	
*10. Zohar Spivak	Evaluation of intervention program for the prevention of EDs, emphasizing the internalization of media messages, sense of empowerment, and parental involvement, (co-supervision with Prof. Ruth Katz).	2015	
*11. Roni Enten	Correlation between health parameters, eating patterns and behavioral profiles of children on the autistic spectrum (co-supervision with Dr. E. Gal).	2018	Three papers
*12. Amanda Jowel, 2017-2018	Religiosity and DEP among ultraorthodox female	Fulbright program, graduated Harvard university Boston USA	



*13. Rinat Grundman-Shem Tov	Mindfulness based intervention for increasing food diary adherence, as part of a CBT, for patients with binge eating disorders.	2019	
*14. Adit Zohar-Beza	Nutrition rehabilitation in ED patients	2019	
*15. Inbal Globus-Balog	The role of Interpersonal relationship before and after Bariatric surgery	In progress	
*16 Helena Katzav	Examination of multi-disciplinary pre-surgical evaluation, for assessing the results of bariatric surgery in a five-year post-surgery follow-up	In progress	
17. Maor Kaplan	Sexuality and body image in modern orthodox adolescent (co-supervision with Dr. A Gvirtz).	Preparation of the research proposal	

<b>a. <u>Supervision of M.A. Students</u></b>				
<b>Name of Student</b>	<b>Title of Thesis</b>	<b>Details of Department and University</b>	<b>Date of Completion/ in Progress</b>	<b>Details of Publication</b>
1.Nava Shapira	Binge ED as a symptom for distress: Short-term drama therapy work in a group context.	Drama Therapy Surrey University, London, UK	1999	
2.Neta Galmidi	Young siblings of anorexic patients (co-supervision with Prof. Adi Ben-Ari).	School of Social Work, University of Haifa	1999	D18
3.Sharon Gal	Marital aspects of EDs (co-supervision with Prof. Yoav Lavee).	School of Social Work, University of Haifa	2001	D57
4.Eitan Kuris	Emotional processing: predictor of treatment success in EDs (co-supervision with Dr. E. Gilboa, Bar Ilan Univ.).	Department of Psychology, Bar Ilan University	2003	
5.Polina Viksman	Hemispherical asymmetry among women with AN and BN (co-supervision with Dr. Z. Eviatar).	Department of Psychology, University of Haifa	2003	D47

6. Shira Gefen (Galperin)	EDs among the religious population (co-supervision with Prof. Ora Gilbar).	School of Social Work, University of Haifa	2004	D38
7. Tal Burg	Female and sexual identity in EDs (co-supervision with Prof. M. Sefer, Psychology Department and Dr. A. Lazar, School of Social Work).	School of Social Work, University of Haifa	2004	
8. Sharon Nahemani	Comorbidity and etiological relationships between EDs and drug abuse – Are EDs an addiction or a separate psychopathology? (co-supervision with Prof. Ben-Zion Cohen).	School of Social Work, University of Haifa	2004	
9. Sassi Menahem	EDs among males (co-supervision with Dr. Yoav Lavee).	School of Social Work, University of Haifa	2004	
10. Shlomit Vender	Social perspective in patients with EDs: An epidemiological study (co-supervision with Dr. Larisa Remnik).	Department of Sociology and Anthropology, Bar Ilan University	2004	D44
11. Tali Shimel	Executive functions among females with BN (co-supervision with Prof. Nachshon Meron).	Department of Neuropsychology, Beer-Sheva University	2004	
12. Limor Halamish	Competence for consent to treatment and insight into AN: relationship to metacognitive performance? (Co-supervision with Dr. Danny Koren).	Department of Psychology, University of Haifa	2005	
13. Reut Arbel	Insight into illness and meta-cognitive function among women with active AN and women in remission. (Co-supervision with Dr. Danny Koren).	Department of Psychology, University of Haifa	2005	D66

14.Tal-Brener Inbar	The neuropsychological basis of competence to consent to treatment in AN: A meta-cognitive study (co-supervision with Dr. Danny Koren).	Department of Psychology, University of Jerusalem	2005	
15.Meirav Shahr	The anorectic perspective of her recovery (co-supervision with Dr. Eli Buchbinder).	School of Social Work, University of Haifa	2006	E9 ; E 34
16.Roni Elran-Barak	The perspective of young females with BN of her recovery (co-supervision with Dr. Eli Buchbinder).	School of Social Work, University of Haifa	2006	D63; E 35
17.Tamar Blazer	Salivary and gustatory alternations In patients with BN (co-supervision with Prof. Rafi Nagler, Faculty of Medicine, Technion, Haifa). As part of the requirements for Doctor of Dental Medicine	MDD Maurice and Gabriela Goldschleger School of Dental Medicine Tel Aviv University	2006	D43
18.Cohav Gonda	The relationship between cultural values and disturbed eating in college students in Israel (co-supervision with Prof. Ruth Katz).	School of Social Work, University of Haifa	2007	
19.Michal Hasson	Hemispherical asymmetry among siblings of women with AN and BN (co-supervision with Dr. Zohar Eviatar ).	Department of Psychology, University of Haifa	2007	D61; D62. E10
20.Tali Bobarov	Enhancing motivation of treatment for ED (co-supervision with Dr. Zeev Weinstock).	School of Social Work, University of Haifa	2009	
21.Keren Berger	ED patient and sibling relationships (co-	School of Social Work, University of Haifa	2009	D71; D76

	supervision with Prof. Ruth Katz).			
22.Revital Meshi	Psychological characteristics of childhood obesity (co-supervision with Dr.Yosi Meirobitz, Schneider Children Hospital).	School of Social Work, University of Haifa	2010	
23.Zohar Spivak	The relationship between EDs, empowerment and body image and exposure to media in adolescent girls. (co-supervision with Prof. Ruth Katz).	School of Social Work, University of Haifa.	2011	D69; D70
24. Liron Bachar	The relationship between religious orientation, superwomen ideals and disordered eating in adolescent schoolgirls.	School of Social Work, University of Haifa	2011 with distinction	
25. Eynat Lev-Ari	Clinical Characteristics, Eating Patterns and Psychopathology among women with Night Eating Syndrome: control study.	School of Public health, Nutrition Behavior and health program, Haifa University	2011	
26. Hamutal Shalev	Illness perception as a predictor of treatment response in anorexia nervosa (co-supervision with Prof Koren Danny).	Psychology faculty Haifa University	2011	
27. Lior Zusman	The relationship between mothers who passed the language signs and their relationship to their child (co-supervision with Dr Gila Rozen, Weitzman inst.).	School of Public health, Nutrition Behavior and health program, Haifa University	2012	
28. Rachell Ozick	The relationship between religious orientation, internalized thin ideal and disordered eating in	School of Social Work, University of Haifa	2013	

	orthodox adolescent girls.			
29. Tlalit Dori-Frenkel	The relationship between superwomen models and ED in Orthodox women.	School of Art Therapy, Haifa University	2013	
30. Adit Zohar	Clinical characteristics of females who forced hospitalized for eating disorders.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2013	D74
31. Talia Glazer	The relationship between meaning of life, religiosity, and disordered eating pathology: the role of volunteering in modern orthodox adolescent's females.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2013	
*32. Adi Elran	Clinical Characteristics, Eating Patterns and Psychopathology among women with Eating Disorders and Night Eating Syndrome.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*33. Inbal Balog	The relationship between Disordered eating among mothers and feeding patterns in mother-infant interactions.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*34. Oded Pshetatzki	The relationship between feeding patterns and healthy eating behavior in mother-infant interactions.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*35. Shani Yanover	Brest plastic surgery among patients with Eating Disorders.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*36. Angham Jabareen	Clinical Characteristics, Eating Patterns and Psychopathology among Israeli Arab women with Night	School of Public health, Nutrition Behavior and Health Program, Haifa University	Decided to Stop after her proposal approved	

	Eating Syndrome: control study.			
*37. Eynat Goldstein	Evaluation of the duration of consuming a defined quantity of food with and without the "Slow-chew" device and compliance testing: the role of Disordered Eating.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*38. Bat-Or Levin	Evaluation of the duration of consuming a defined quantity of food with and without the "Slow-chew" device and compliance testing: the role of impulse control.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*39. Alona Dror	Inter-hemispheric integration of emotional stimuli in AN. (Co-supervision with Prof. Zohar Eviatar).	Department of Psychology, Haifa University	2014	
*40. Shir Ben Yaish	Evaluation of the duration of consuming a defined quantity of food with and without the "Slow-chew" device and compliance testing: the role of perfectionism.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2014	
*41. Tal Chaykin	The relationship between Orthorexia and eating disorders in nutrition students.	School of Public health, Nutrition Behavior and health program, Haifa University	2015	
*42. Moran Berger	Eating disorders and pregnancy: the patient's perception of body image.	School of Social Work, University of Haifa	2015	
*43. Moran Cohen	The relationships between health parameters and eating patterns among children with autism,(co-supervision Dr. E. Gal)	School of Public health, Nutrition Behavior and Health Program, Haifa University	2016	

*44. Ayelet Moreno	Clinical and psychosocial characteristics of youngsters with EDs after hospitalization: Follow up.	School of Social Work, Haifa University	2016	
*45. Ifaa Secelknas	Evaluation of the duration of consuming a defined quantity of food with and without the "Slow-chew" device and compliance testing: the role of changing eating pattern.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2016	
46. Attara Sternbouch	The relationship between level of religiosity and disorders eating in ultraorthodox young adult females, (co-supervision)	School of Social Work, Mivchar, Haifa University	2019	
47. Efrat Tish	Disorders eating pathology among adolescents girls with and without debates type 1	School of Social Work, Haifa University	Decided to Stop after her proposal approved	
48. Rotem Spitzer	Clinical and socio-cultural characteristics of patients at an eating disorders rehabilitation home: predictive factors for successful completion of the program	School of Social Work, Haifa University	2018	
*49. Ruth Bar Natan	The experience of breastfeeding in women with EDs with binge purge eating behavior	School of Public health, Nutrition Behavior and Health Program, Haifa University	2020	
*50 Shiran Mizrachi	The relationships between traumatic life events and night eating disorders.	School of Public health, Nutrition Behavior and Health Program, Haifa University	2020	
*51. Marwa Nahas	Sexual functioning in Bariatric patients:	School of Public health, Haifa	2021	

	differences between Jewish and Arabs	University with Prof. Carel.		
*52. Chen Cohen	The effect of professional parental training after birth for first time mothers, on eating and feeding habits of their one-year old infants: a controlled study.	School of Public health, Nutrition Behavior and Health Program, Haifa University	In progress	
*53. Michal Balagula	The impact of the modeling law on young female in Israel	School of Social Work, Haifa University	In Progress	
*54. Yaara Paz	Transition to Online Social Work Teaching During the COVID 19 Pandemic	School of Social Work, Haifa University with Dr. Liat Shklarski Rampo university USA	In Progress	
*55 Rawan Salameh	Self-esteem and Inter-personal characteristics among Bariatric surgery candidates: The role of binge eating behaviors.	School of Public health, Haifa University with with Dr. Elran-Barak.	In Progress	
*56. Yara Zahara	Weight stigma among bariatric surgery candidates: A comparison between Arabs and Jews.	School of Public health, Haifa University with with Dr. Elran-Barak.	In Progress	
*57. Lior Magen	Traumatic life events among Zadal veterans.	School of Social Work, Haifa University with Dr. Alfandary	In Progress	



## PUBLICATIONS

Note: For joint publications, the order of the listed authors appears according to their relative contribution.

\* Denotes activities since last promotion – to the regular academic track.

# My student

### A. Ph.D. Dissertation

#### **Patterns of Verbal Communication among Parents of Anorexic Female Adolescents**

Supervisors: Prof. A. Hefez, Director of Psychiatric Division, Rambam Medical Center, Faculty of Medicine, Technion, Haifa.  
Dr. S. Nadler, Ph.D, School of Social Work, Bar-Ilan University  
Dr. L. B. Gaber, Chief Psychologist, Psychiatric Division, Rambam Medical Center, Department of Psychology, University of Haifa.

Year: 1994

Language: Hebrew

No. of pages: 387

Published in English (1998) and in Hebrew (2006) (See published article D1 and D1a)

### B. Scientific Books (Refereed)

#### Edited Books - Published

1. **Yael Latzer**, Joav Merrick & Danny Stein (Eds.) (2011). *Understanding eating disorders: integrating culture, psychology and biology*. NY, NY: Nova Science Publishers Inc. 314 pages
2. Giovanni M. Ruggiero, Sandra Sassaroli, **Yael Latzer**, & Sonia Suchday (Eds.) (2011). *Perspectives on Immigration and Terrorism*. Nato publishers (NATO meeting HSD.ARW 983584)
3. **Yael Latzer** & Orna Tzischinsky (Eds.) (2012). *The Dance of Eating and Sleeping*. NY., NY: Nova Science publishers. 303 pages
4. Daniel Stein & **Yael Latzer** (Eds.) (2012). *Treatment and Recovery of Eating Disorders*. NY, NY: Nova Science Publishers. 287 pages
- \*5. **Yael Latzer** & Daniel Stein (Eds.) (2016). *Bio-Psycho-Social Contributions to Understanding Eating Disorders*, (Pp. 1-202) USA: Springer publishers.

### **C. Monographs**

#### **Published**

1. **Latzer, Y.** (1999). *Eating Disorders: A Review of Anorexia Nervosa and Bulimia Nervosa*. Jerusalem: The Henrietta Szold Institute, the National Institute for Research in Behavioral Sciences (61 pages).

### **D. Articles in Refereed Journals**

#### **Published**

1. **Latzer, Y., & Gaber, L.B.** (1998). Pathological conflict avoidance in Anorexia Nervosa: Family perspective. *Contemporary Family Therapy*, 20, 539-551. IF=0.098
2. **Latzer, Y., & Shatz, S.** (1999). Comprehensive community – Prevention of disturbed attitudes to weight control: A three-level intervention program. *Eating Disorders: The Journal of Treatment and Prevention*, 7, 3-31.
3. **Latzer, Y., Tzischinsky, O., Epstein, R., Klien, E., & Lavie, P.** (1999). Naturalistic sleep monitoring in women suffering from Bulimia Nervosa. *International Journal of Eating Disorders*, 26, 315-321. IF=2.947
4. Bachar, E., **Latzer, Y., Kreitler, S., & Berry, E.M.** (1999). Empirical comparison of two psychological therapies: Self-psychology and cognitive orientation in the treatment of Anorexia and Bulimia. *The Journal of Psychotherapy Practice and Research*, 8(2), 115-128.
5. Tzischinsky, O., **Latzer, Y., Epstein, R., & Tov, N.** (2000). Sleep-wake cycles in women with Binge Eating Disorder. *International Journal of Eating Disorders*, 27, 43-48. IF=2.947
6. Gerzi, S., & **Latzer, Y.** (2000). Autistic patterns: Managing the “Black-hole” in eating disorders. *Psychoanalytic Social Work*, 7(3), 29-55.
7. **Latzer, Y., Eysen-Eylat, D., & Tabenkin, H.** (2000). A case report: Treatment of severe Anorexia Nervosa with home total parenteral hyperalimentation. *International Journal of Eating Disorders*, 27, 115-118. Impact Factor=2.947
8. **Latzer, Y., & Gilat, I.** (2000). Calls to the Israeli hotline from individuals who suffer from eating disorders: An epidemiological study. *Eating Disorders: The Journal of Treatment and Prevention*, 8, 31-42.
9. **Latzer, Y., Tzischinsky, O., & Epstein, R.** (2001). Sleep-wake monitoring in women Suffering Anorexia Nervosa. *Eating Disorders: The Journal of Treatment and Prevention*, 9, 159-166.
10. **Latzer, Y., & Shatz, S.** (2001). Disturbed attitudes to weight control in female kibbutz adolescents: A preliminary study with a view to prevention. *Eating Disorders: The Journal of Treatment and Prevention*, 9, 225-237.

11. Tannhauser, P., **Latzer, Y.**, Rosen, G. S., Tamir, A., & Naveh, Y. (2001). Zinc status and meat avoidance in Anorexia Nervosa. *International Journal of Adolescent Medicine and Health*, 13(4), 317-326.
12. Bachar, E., **Latzer, Y.**, Canetti, L., Gur, E., Bonne, O., & Berry, E.M. (2002). Rejection of life in anorexic and bulimic patients. *International Journal of Eating Disorders*, 31, 43-48. IF=2.947
13. **Latzer, Y.**, Hochdorf, Z., Bachar, E., & Conetti, L. (2002). Attachment style and family functioning as discriminating factors in Eating Disorders. *Contemporary Family Therapy*, 24, 581-599. IF=0.98
14. **Latzer, Y.**, Ben-Ari, A., & Galimidi, N.# (2002). Anorexia nervosa and the family: Effects on younger sisters to anorexia nervosa patients. *International Journal of Adolescent Medicine and Health*, 14, 275-281.
15. Sayag, S. & **Latzer, Y.**(2002). The role of the family physician in eating disorders. *International Journal of Adolescent Medicine and Health*, 14, 261-267.
16. **Latzer, Y.** (2003). Traditional versus Western perceptions of mental illness: Women of Moroccan origin treated in an Israeli mental health center. *Journal of Social Work Practice*, 17, 77-95. IF= 0.695
17. **Latzer, Y.**, & Tzischinsky, O. (2003). Weight concern, dieting and eating behaviors: A survey of Israeli junior and high-school females. *International Journal of Adolescent Medicine and Health*. 15, 295-305.
18. Siegfried, Z., Kanyas, K., **Latzer, Y.**, Karni, O., Bloch, M., Lerer, B., & Berry, E. M. (2004). Association study of cannabinoid receptor gene (*CNR1*) alleles and anorexia nervosa: Differences between restricting and bingeing/purging subtypes. *American Journal of Medical Genetics Part B: Neuropsychiatry Genetics*, 125B (1), 126-130. IF=3.705.
19. Tzischinsky, O., & **Latzer, Y.** (2004). Nocturnal Eating: Prevalence, features and Night sleep among Binge Eating Disorder and Bulimia Nervosa patients in Israel. *European Eating Disorders Review*, 12(2), 101-109. IF= 1.943
20. Blank, S., & **Latzer, Y.** (2004). The boundary-control model of adolescent with Anorexia Nervosa: An integrative approach to etiology and treatment. *American Journal of Family Therapy*, 32, 43-54. IF=0.54
21. Speiser, P.W., Rudolf, M.C.J., Anhalt, H., Camacho-Hubner, C., Chiarelli, F., Eliakim, A., Freemark, M., Gruters, A., HersHKovitz, E., Iughetti, L., Krude, H., **Latzer, Y.**, Lustig, R. H., Hirsch Pescovitz, O., Pinhas-Hamiel, O., Rogol, A.D., Shalitin, S., Sultan, C., Stein, D., Vardi, P., Werther, G.A., Zadik, Z., Zuckerman-Levin, N., & Hochberg, Z. (2005). Consensus statement: Childhood obesity. *The Journal of Clinical Endocrinology & Metabolism*, 90, 1871-1887. **Selected by the media advisory committee of the Endocrine Society as the most newsworthy article in the March issue of the journal.** IF= 6.43

22. Hochdorf, Z., **Latzer, Y.**, Bachar, E., & Conetti, L.(2005).Attachment Styles and attraction to death: Diversities Among eating Disorder Patients: *American Journal of Family Therapy*, 33, 237-252. IF=0.54
23. **Latzer, Y.** & Hochdorf, Z. (2005). Dying to be thin: attachment to death in Anorexia Nervosa. *The Scientific World Journal*, 5, 820-827. IF=1.73
24. **Latzer Y.**, & Tzischinsky, O. (2005). Eating attitudes in a diverse sample of Israeli adolescent females: A comparison study. *Journal of Adolescence*, 28, 317-323. IF=2.050
25. **Latzer, Y.** & Gilat, I. (2005). Help-Seeking Characteristics of Eating-Disordered Hotline Callers: Community Based Study. *Journal of Social Service Research*, 31(4) 61-76. IF=0.44.
26. **Latzer, Y.**, Gur, E., & Stein D. (2005). Eating Disorders: Update, Controversies, and the Israeli Perspective. Editorial paper in a special issue on eating disorders. (**Guest Editors**) *Israel Journal of Psychiatry and Related Sciences*, 42(3), 141-145.  
IF= 1.362
27. Tzischinsky, O. & **Latzer Y.** (2006). Sleep-wake cycles in obese children with and without Binge Eating episodes. *Journal of Pediatrics and Child Health*, 42, 688-693. IF=1.281
28. Tzischinsky, O & **Latzer Y.** (2006). Sleep-Wake cycles in obese adolescents with and without Binge Eating Episodes. *European Eating Disorders Review*, 14, 111-117. IF= 1.943
29. **Latzer, Y.**, Tzischinsky, O., & Gefen, S.# (2007). Level of Religiosity and Disordered Eating-psychopathology among Modern-Orthodox Jewish Adolescent Girls in Israel. *International Journal of Adolescent Medicine Health*, 19(4), 511-521.
30. Gilat, I. & **Latzer, Y.** (2007). Characteristics of Calls to the Israeli hotline during the "Intifada". *Community Mental Health Journal*, 43, 401-420. IF=1.03
31. **Latzer, Y.**, Tzischinsky, O. & Azaiza, F. (2007). Disordered Eating Related Behaviors among Arab Schoolgirls in Israel: An Epidemiological Study. *International Journal of Eating Disorders*, 40(3), 263-270. IFr=2.947
32. **Latzer, Y.**, Tzischinsky, O. & Geraisy, N. (2007). Comparative study of eating related attitudes and psychological traits between Israeli Arab and Jewish schoolgirls. *Journal of Adolescence*, 30(4), 627-637. IF=2.050
33. Bachar, E., Kanas, K., **Latzer, Y.**, Canetti, L., Bonne, O. & Lehrer, B. ( 2008). Depressive Tendencies and Lower Levels of Self-Sacrifice in Mothers, and Selflessness in their Anorexic Daughters. *European Eating Disorders Review*, 16, 184-190. IF= 1.943
34. Blazer, T.,# **Latzer, Y.** & Nagler, R.M. (2008). Salivary and gustatory alterations among bulimia nervosa patients. *European Journal of Clinical Nutrition*, 62, 916-922. IF= 2.76

35. **Latzer, Y.**, Vander, S.# & Gilat, I. (2008). Socio-demographic characteristics of Eating Disorder patients in an outpatient clinic: A descriptive epidemiological study. *European Eating Disorders Review*. 16(2), 139-146. IF=1.943
36. **Latzer, Y.**, Witztum, E. & Stein, D. (2008). Eating Disorders & Disordered Eating in Israel: An Updated Review. *European Eating Disorders Review*, 16, 361-374. IF= 1.943
37. Eviatar, Z., **Latzer, Y.** & Vicksman, P.# (2008). Anomalous Lateral Dominance Patterns in Women with Eating Disorders: Clues to Neurobiological Bases? *International Journal of Neuroscience*, 118, 1425-1442. IF= 1.216
38. Canetti, L, C., Kanyas, K., Lerer, B., **Latzer, Y.**, & Bachar., E. (2008). Anorexia nervosa and parental bonding: The contribution of parent-grandparent relationships to Eating Disorder psychopathology. *Journal of Clinical Psychology*. 64(6), 703-716. IF=2.116
39. **Latzer, Y.**, Peretz, T. & Kreutzer, S. (2008). Conflict-Oriented Cognitive Behavioral Therapy (CO-CBT): An Integrative Approach to the Treatment of Bulimia Nervosa Patients. *Clinical Social Work Journal*. 36, 373-383. IF= 0.494
40. **Latzer, Y.**, Stein, D. & Merrick, J. (2008). Eating disorders and disordered eating: Socio-cultural and familial perspectives (**editorial article**). *International Journal of Child and Adolescent Health*, 1(4), 273-280.
41. Witztum, E., **Latzer, Y.** & Stein., D. (2008). Anorexia Nervosa and Bulimia Nervosa as idiom of distress: From the historical background to current formulations. *International Journal of Child and Adolescents Health*, 1(4), 283-294.
42. **Latzer, Y.**, Azaiza, F. & Tzischinsky, O. (2009). Eating attitudes and dieting behavior among religious subgroups of Israeli-Arab adolescent females. *Journal of Religion and Health*. 48, 189-199. IF=1.024
43. Stein, D., **Latzer, Y.** & Merrick, J. (2009). Eating disorders: From etiology to treatment (**editorial article**). *International Journal of Child and Adolescent Health*, 2(2), 139-152.
44. **Latzer, Y.**, Edmunds, L., Fennig, S., Golan, M., Gur, E., Hochberg, Z., Levin-Zamir, D., Zuberi, E., Speisser, P., & Stein, D. (2009). Managing childhood overweight: Behavior, Family, Pharmacology, and Bariatric surgery interventions. *Obesity*, 17, 411-423. IF=4.284
45. Allison, K.C., **Latzer, Y.**, Tzischinsky, O. & Vinai, P. (2009). What is Night Eating Syndrome? New Directions toward a Unified Definition. *International Journal of Child and Adolescent Health*, (2)2, 175-184.
46. **Latzer Y.**, Lavee Y. & Gal, S.# (2009). Marital and Parent-Child Relationships in Families with daughters who have Eating Disorders. *Journal of Family Issues*, 30, 1201-1220. (Latzer and Lavee contributed equally). IF=1.727

47. Allison, K.C., Lundgren, J D. O'Reardon, J., Gluck, M., Vinai, P., Mitchell, J., Schenck C., Howell, M. J., Crow, S., Engel, S., **Latzer, Y.**, Tzischinsky, O., Mahowald, M. & Stunkard, A. (2010). Proposed Diagnostic Criteria for Night Eating Syndrome. *International Journal of EDS* 43, 241-247. IF=2.947
48. Hason-Rozenstein, M., # **Latzer, Y.** Stein, D. & Eviatar, Z. (2011) Neuropsychological psychopathology measures in women with Eating Disorders, their Healthy Sisters, and Nonrelated healthy Controls. *Comprehensive Psychiatry*, 52(6), 587-595. IF= 2.376
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### **H. Other Works Connected with my Scholarly Field**

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## **I. Articles Books and Other Works Submitted for Publication**

### **Articles**

- \*1 Litman, L., Weinberger-Litman, S. L **Latzer, Y.** (accepted under revision June, 2020). The role of body image in the relationship between BMI and peer victimization among children in primary school. *Journal of health psychology JHP* 18-0734 November 13 2018
- \*2 **Latzer Y.**, Adatto R., and Neumark-Steiner, D. (submitted August 2021) *health dialogs*

- \*3 Spivak-lavi, Z., Katz, R. & **Latzer, Y.** (submitted 2021 April) The Role of Mothers' Involvement Regarding their Daughters' Self-Esteem and Dieting Behaviors", *Health Care for Women International*
- \*4 **Latzer, Y.** (submitted March 2021). First, do not harm: what is harmful and what is beneficial in preventing eating disorders in schools. *Mifgash*

### **J. Summary of my Activities and Future Plans (2016)**

My education is interdisciplinary: I am a trained clinical social worker, psychotherapist and family therapist, and obtained my DSc at the Medical School, Technion Haifa, Israel.

My education, training and experience together have enabled me to integrate academic work and research based on practice knowledge and multidisciplinary models, in which I so strongly believe.

For two years (1989-1991), I specialized in the field of Eating Disorders (EDs) at the Menninger Foundation, an international psychoanalytic institution in Topeka, Kansas, and have continued with this venue of research. While most of my work is academic, I also take part in communal public health and clinical projects, and collaborate in research projects both nationally and internationally.

I have been involved in academic life at the University of Haifa for many years, at the Faculty of Social Welfare and Health Sciences, as a staff member at the School of Social Work and the School of Public Health.

Over decades of a wide range of academic activities at the University of Haifa, I have made a meaningful contribution to the advancement and development of my professional fields in particular, and to the institution's progression into the 21<sup>st</sup> century in general.

As of today, I have the desire, the capability and the intention to invest my energy in continuing my academic work. I believe that in the coming years as well, my experience, abilities, skills and research contacts will continue to assist in the development of knowledge, to train new generations of researchers and to create new international collaborations.

**My contributions to Haifa University** are manifest in various areas: the prestigious research grants I have received; my academic role both as the founder and Head of the new MA program: Nutrition, Health and Behavior, during its five years of conceptualization and formation; and my position as the Head of Family, Trauma and Clinical programs at the School of Social Work; in addition, I have taught and supervised numerous MA and PhD Students, served as a chair and co-chair of promotion nominations, as well as having participated in national and international research and communal collaborations.

The grants I received were presented to me by important foundations in my field of research: The Ministry of Science and Technology; The National Insurance Institute of Israel, Keren Shalem, NATO, NIH, Pfizer, the Mifal Hapais Fund of Israel, Macabbi, Nobesity, as well as seed money and initial research funds from the Emek Yizrael College, the Paramedical Fund of Hadassah Israel, the University of Haifa Research Authority and from the Faculty of Social Welfare and Health Sciences. In their respective currencies, these grants amounted to EUR 53,400; \$ 250,000; NIS 3,008,250. Last year (2013), I submitted national and international research proposals, among which some are still pending. I am currently working with Dr. Gal Eynat from The University of Haifa to submit a proposal to ISF and with Dr. Cornelia Thiels from Bielefeld University, Germany to submit a proposal to GIF.

Participants in all these studies included young researchers, MA and PhD students; these studies were comprised of empirical research, project management and writing academic articles. This is the approach I will continue with the new proposals.

As an expert in the field of Eating Disorders, I was asked by my Faculty Dean to create a Nutrition, Health and Behavior MA program with a cohesive curriculum that would assist new lecturers and steer its course as an emerging department. I viewed this task as a personal challenge and as a contribution to the academic development of the University. The department became successful and attracted students who met the high acceptance criteria. This innovative Master of Applied Nutrition Program, within the Public Health Department, emphasizes behavioral health and related psychological factors. Five years after its inception, we accept around 30 students per year. In the near future, hope to extend this special MA program by developing a doctoral program.

My involvement in teaching and supervising advanced degree students has been intense. I have taught many courses, including compulsory courses, research seminars and more. My unique contribution was my ability to integrate and provide up-to-date research knowledge accompanied with clinical practice. I have supervised forty-four MA and eleven PhD candidates' theses and dissertations from various fields, and served on many MA and PhD committees at the University of Haifa and at other universities as well.

The various roles I have held at the university. I was a member of MA and PhD Committees, a member and Chair of Nomination Promotion Committees at various universities, as well as a member of other committees at the department faculty and university levels.

Additionally, I have fulfilled many roles in professional associations both nationally and internationally. I was among the founders of the Israeli Association for Eating Disorders and served as its elected President for 5 years. During this period, my main contributions were to help establish the associations' ethics, determine standards for qualifications, create a sisterhood connections with other EDs associations in the world, organize national and international ED conferences.

In addition, I was honored to be accepted to the prestigious Eating Disorders Research Society (EDRS), which has a limited membership of 200 members worldwide.

I serve as a reviewer for prestigious research foundations, and many journals and doctoral dissertations. I have participated in dozens of conferences, in which I have been invited to organize, to chair sessions and symposia, and to deliver keynote lectures.

### **Publications and research contribution**

During my career, I have contributed to the understanding, development and creation of new knowledge related to various aspects of EDs. This broad field of research has had different focal points during my years of work and continues to develop.

My main research contribution areas are:

**The relationship between eating and sleeping disorders:** Since 1995, I have collaborated with Prof. Orna Tzischinsky on a pioneering research project on the

relationship between eating and sleeping disorders. We have published 16 peer review scientific articles, 9 book chapters and edited one book on this topic.

Eating and sleeping are two basic needs of the human body that are essential to normal development and existence. These needs are directly connected and mutually influence one another. Every situation that involves a physiological and mental imbalance manifests itself in eating and sleeping patterns, especially when transitioning from one life stage to another.

Our pioneering research aims to assess this relationship in particular among individuals with EDs. We examine sleep-wake patterns among adolescents and adults suffering from the all-inclusive spectrum of EDs. Our recent and important project focuses on night eating syndrome (NES), a new diagnostic category which involves eating and sleeping disorders. We were involved in the First International NES Symposium convened in 2008, where we discussed the new diagnostic criteria for individuals presented with an eating pattern which was marked by increased intake in the evening and/or nighttime. As a result of this meeting, a set of new criteria were proposed for NES (paper D58) and used for the DSM-5. We continue to collaborate with experts in this field from the USA and Italy.

### **Epidemiology, identifying at-risk groups and prevention of EDs among Israeli**

**Adolescents sub groups:** This research project, which is still in progress, involves investigating disordered eating attitudes, behaviors, and eating-related psychopathology among youngsters in Israel. It aims to compare age, ethnic and religious sub-groups, including socio-cultural variables. The research populations that have already been examined are schoolgirls aged 12-18 from religious backgrounds (D,38), Israeli-Arab youngsters (D,40,42,52,64), adolescents from urban (D,24,30,) rural, and kibbutz settlements (D,13), adolescents with EDs who seek hotline help (D10,31), and adolescent ballet dancers. Recently we studied the harmful impact of media exposure including social networks, specifically sites like Facebook and YouTube, to disordered eating pathology among Israeli adolescents (D,69). This research which was highlighted on the University home page (25.3.2011), generated global media attention and was cited by numerous important magazines, giving coverage to the campaign against pro-anorexia websites. In addition, these findings contributed nationally and internationally to the

identification of at-risk groups for the development of eating disorders and led to the development of prevention programs on EDs among youth in various sectors. My colleagues and I developed a preliminary prevention program, and we are now in the process (with a PhD student) of assessing a more advanced prevention program tailored from our research (D,2).

This research is unique to Israel and provides a valuable overview of eating problems for the international community and an opportunity to understand specific cultural differences, obstacles and ways of overcoming them. My colleagues and I have tried to understand how disordered eating pathology in Israel has changed throughout recent decades, comparing patterns within various groups in Israeli society and between Israel and other countries.

**Eating disorders and family issues:** My research focuses on the different characteristics of family functioning among families who have a daughter with an ED. I investigated the roles of family, parental authority, communication patterns, family environment, attachment patterns, couple functioning, sibling relationships, boundaries, and mother-daughter relationships in eating disorders. I have published twelve peer reviewed scientific articles and five book chapters with my colleagues on this topic. My research work has contributed to the theory of systemic family and in-depth understanding of varied aspects related to family and EDs. Given the critical role that family plays in successful recovery from EDs, my research elucidating family dynamics and patterns surrounding individuals with eating disorders, makes a significant contribution to this area.

**Treatment Intervention for EDs patients:** I was part of a research group which empirically assessed various treatment interventions: a) comparisons of two psychological therapies, self-psychology, and cognitive orientation in the treatment of EDs (D,4); b) cognitive behavioral treatment which integrates short term psychodynamic psychotherapy (D,49) c) and an integrative intervention program for loss of control over eating among adolescents girls (D,68). In addition I was

involved in several other treatment projects for ED patients, collaborating with an interdisciplinary staff (D,8,12,14,19).

In addition to the above research, within the EDs Clinic, four treatment programs have already been developed designed to meet the needs of the Israeli population. These programs include: 1) Cognitive behavioral therapy for night eating syndrome; 2) a treatment to enhance motivation 3) a support and psycho-educational group, for parents 4) a group for parents with children suffering from obesity.

#### **Biology of behavior among adolescent girls suffering from eating disorders:**

I am participating in a number of projects that integrate research in the medical and behavioral fields (D,43,63) such as neuropsychology (D,47,60,65,73) and genetics (D, 20), as well as nutritional aspects of eating disorders (D,14). The biological/genetic basis of these disorders has been found to play a critical role in the development of EDs, but is still in its early stages. Therefore, continued research in this areas is crucial.

#### **Involvement in clinical work and contribution to the community**

*Eating Disorders Clinic-* In 1992 I established the first outpatient clinic for the treatment and research of Eating Disorders in Israel, located at Rambam Medical Center, Haifa. The therapeutic approach used in this clinic is based on a multidisciplinary model, bringing together professionals from the fields of mental health, social sciences, nutrition, and medicine. This model has proven to be the most effective intervention in treating patients with eating disorders and has since been introduced in other centers in Israel. During this period, I developed a two-year training program for experienced clinicians seeking to specialize in ED treatment and research. This program has been well received by the professional community and is recognized by the Israeli Association for EDs. My research has formed the foundation for and continues to enrich the evidence-based treatment at the Clinic. At the same time, the clinic serves as a natural laboratory for my continued research. I therefore see the connection between my academic and community

contributions as being intricately intertwined. For this unique integration of my work, I recently I received a prestigious award from the Israeli Association of Eating Disorders.

**Rehabilitation house-** I most recently developed an innovative project and the first of its kind in Israel -“Zeida Laderech,” a rehabilitation house for young women with EDs who have entered their recovery phase of treatment.

Because EDs have the highest mortality rate of any mental illness and treatment is often a revolving door of repeated hospitalizations, support during the intermediary phase of treatment is both clinically crucial and cost effective . The participants, the majority of which are from disadvantaged backgrounds, receive professional guidance and a range of psychological, nutritional and vocational supports to reenter normal daily life.

The project was supported by the National Insurance Institute of Israel (NIS 2,469,534), and an additional million Israeli Shekels came from private donors, including Rabbi Eckstein from the Friendship Association. Following the completion of a successful 3-year pilot program supported by The Israeli National Insurance Institute (Bituach Leumi), the “Tseida-Laderech” project has been formally recognized by the Israeli Ministry of Health and the Ministry of Social Affairs.

Initial results from the program's first cohort look very promising. This project presents a major breakthrough in the field of EDs rehabilitation in Israel. As the only comprehensive research university in the North of Israel, the University of Haifa is uniquely positioned to spearhead this important project, by developing a research-based model for supporting young women with eating disorders in a rehabilitation processes. I fervently believe that this project will serve as a model for future rehabilitation programs for eating disorders - nationally and internationally. For this exceptional program, and in acknowledgement of my valuable contribution to the research, prevention and treatment of EDs both nationally and internationally, I recently received the “Leonore & Larry Zusman – JDC Prize” for excellence in the field of Social Services in Israel.

**Social policy:** In addition, over the last 10 years I have been active as an advisor to the Israeli Parliament (“Knesset”) taking part in many meetings, and have contributed dramatically to the change in treatment policy regarding eating disorders, including adding more outpatients, day and inpatients treatments centers in Israel.



From 2010- 2012 I served as advisor to the former Knesset Member Dr. Rachel Adatto, Chair of the Health Lobby at the Knesset, who was working to pass a new Bill through the Israeli parliament. I was part of the process from the outset, providing both evidence-based data and clinical input to a number of Members of Parliament. The new legislation prohibits the appearance of underweight models (defined as having a BMI of 18.5 or lower) in commercial advertising. As an expert in the field of EDs I am proud to be part of this significant and innovative social change. This Bill has the potential to make a difference for public health, in particular for adolescents and young women trapped by the unrealistic body ideal of thin models. It may lead to a breakthrough in the prevention of EDs and give hope to patients and their families. The Bill may also prove to be of international significance, paving the way for similar bills in other Western countries. I am now active in passing a new bill regarding compulsory treatment for EDs patients in Israel.

### **Research Collaborations**

I give high priority to promoting professional collaboration with researchers and clinicians worldwide. Throughout my working years, I have collaborated with various colleagues from Israel, from the USA and from different European countries, leading to mutual inspiration and integration of different academic disciplines. Together, we have succeeded in conducting interdisciplinary research and achieving outcomes that have been published on important platforms and discussed in academic meetings. Most of my broad, comprehensive research projects, which demanded team work, were a result of such collaborations. My work on sleep and EDs, as well as the prevention and treatment of EDs is a result of collaborations with colleagues mainly in Israel, the United States, Italy and Hungary.

In 2006-7, I spent a sabbatical year in New York City, where I taught at Yeshiva University, Ferkauf Graduate School of Psychology, and was a visiting scholar both at the Department of Health and Behavior Studies of Nutrition, and at the Obesity Research Center, Columbia University.

During the current academic year, I am on a sabbatical again in NYC, and am a visiting scholar at the Psychiatric Institute at Columbia University. I am part of a project focusing

on global mental health led by Dr. Kathleen Pike, and sponsored by the World Health Organization.

### **Plans for Future**

As mentioned above, I intend to continue with my academic activities, in the hope that the submitted research proposals will lead to new studies in which I will be able to include young researchers. In addition, some of these research proposals open up opportunities for collaboration with researchers from other countries, including Germany, USA, Italy and more. My goal is to continue my current research activities on night eating syndrome, on the prevention of eating disorders, and on family relations, sisters and parents of young females with eating disorders. In addition, I plan to obtain research grants to further study the topics which I have started recently, such as *Compulsory Treatment in Anorexia Nervosa*, and its implications for legal and social policy, *Eating Patterns Among Youngsters with Autism* and its implications for to treatment policy and interventions for these population.

At this stage in my professional career, I intend to continue to devote my time to collaborate on international research projects, communal public health projects, PhD and MA thesis supervision and to enrich the new MA program "Nutrition Behavior and Health". To this end, I am currently in the midst of a number of projects, while simultaneously planning others. Some projects are already in progress, while others are in the planning stage.